



# Palomar District Federation, CFWC

## The Telescope

MAY 2022

ROSALIA ZAMORA,  
EDITOR

### District President's Message—Judy Pantazo



Did you all have fun at Convention? It was so fun to see all the smiling faces in person! It almost felt like a school reunion because it had been so long. Hugs were everywhere. I have not heard of anyone getting sick, so we were all quarantined fairly good beforehand. Thank goodness.

I felt we had a wonderful Convention; I hope you did too. I want to again thank Rosalia Zamora for all the work she and the committee put into this together. It took a lot of meetings and of course lunches, to make it happen, but everything went smoothly. The vendors were well received and a welcome addition to the fun. It is always fun to win prizes for work well done, and I was excited to see those that put such an effort into making the motivation posters for their Clubs. I hope you can make use of them in the future. Congratulations to the FALLBROOK CLUB for

winning a \$50 cash prize for the best motivational poster!

And most of all, I want to thank all of you out there reading this for a wonderful two years as your District President. I know it was a strange one with the events we had to deal with, but you all stuck by me, and we made the most out of what we had to deal with. As I turn the District over to Nancy B Jones, I can only hope you will show her the same respect and attention you gave to me. You were all fantastic! THANK YOU!

I will not be going far as I will still be on the District Board as Parliamentarian and still with the Woman's Club of Vista as their 1st VP/Dean, no rest for the wicked they say, so you are not getting rid of me. And who knows if and what position I will move into next after I "take a year or two to myself" ha-ha-ha.

### A FUN CELEBRATION—PALOMAR DISTRICT CONVENTION!

“Thank You” to Sonja Hults, Photographer!

Click on this link to view the pictures of the 63rd District Convention.

[https://www.dropbox.com/scl/fo/evoskuvrkv62x0v4kxxt/h?dl=0&oref=e&r=ABpJpKwWLDIHBM2ianw92MT2w-fD5WdOtVgqwESGLq7tV4wOvEGwj2MWqvQYPhI7SODmqEydHejUUDfYasP-ZE3eVxX2U9fA4UIX2QHXCUNavFLH8F2nIZCL66RkPH0InPxyw13q4lio5FWTIThGURC1pMoE-s9-Evoljvy2myNoPIEX\\_V6WGOawJ9oNmlXo&sm=1](https://www.dropbox.com/scl/fo/evoskuvrkv62x0v4kxxt/h?dl=0&oref=e&r=ABpJpKwWLDIHBM2ianw92MT2w-fD5WdOtVgqwESGLq7tV4wOvEGwj2MWqvQYPhI7SODmqEydHejUUDfYasP-ZE3eVxX2U9fA4UIX2QHXCUNavFLH8F2nIZCL66RkPH0InPxyw13q4lio5FWTIThGURC1pMoE-s9-Evoljvy2myNoPIEX_V6WGOawJ9oNmlXo&sm=1)

### Share the Good News with Club Members!

If any of your current or new members wish to sign up for District news, please forward this link to sign up:  
<https://gfwcpalomardistrict.us18.list-manage.com/subscribe?u=0cc0b202fdf6d86e5399f7f3e&id=176d4856a7>



## 1st VP “Dean’s News”—Nancy B Jones

Let’s **Keep It POSITIVE** and **Keep It FUN!**



Thank you to our members who attended our fantastic FUN Convention in April!

Thank you to our Convention Committee and Chair Rosalia Zamora for a dignified and inspiring program in a beautiful setting.

Thank you President Judy P and Board members for leading us through two years of challenges and for holding us together! We have emerged with focus and strength and will be working on re-building our membership numbers.

We loved spending the day with you, celebrating our narrative award winners, and meeting our Hazel Erickson Scholarship winner, along with a lovely lunch, and Installation of the Palomar District Federation, CFWC 2022-2024 Officers. Thank you to all of our new Board members who will lead us for the next two years! And what a privilege it was to share the day with Sonya Matthies, our CFWC 2<sup>nd</sup> Vice President-Membership and learn to “Say YES!” when asked. Thank you Sonya for inspiring us to participate fully in Federation!

We appreciated the art display and thank the participating members, and to Bev York for coordinating everything. Hope the winners enjoy using their See’s certificates!

We are looking forward to our next two years in Palomar District Federation with hope and kindness.

As your new President, I have chosen “**Growing and Grinning with GFWC**” as my theme, to show our positive attitudes and how much we enjoy our work in Federation.

We are looking for Program Area Chairs for the District! Each club in the District needs to nominate a chair and share the name with me. As a chair, your main duty will be to write articles for *The Telescope* newsletter with ideas for projects, and possibly a District-wide project. Judging narratives will probably continue to be accomplished by clubs, as we have done the last two years.

Participation is key, and we welcome all of you to step up! I hope to visit all of our clubs to soak up your energy and share Federation goals. We hope to bring back awards from the CFWC Convention May 12-15.

## Advocates for Children—Nancy B Jones, Chair



Members of the Vista Club made Pinwheels for Prevention at our April meeting. Then we brought the pinwheels to Alta Vista Botanical Gardens for Earth Day and “planted” them with some willing kids.



The Pinwheels project promotes safety for children and supports strong families to prevent abuse, before it happens. *Prevent Child Abuse America* is one of our GFWC Affiliates. The logo says April, but any month - EVERY MONTH! - is a good time to make a pinwheel garden.

We will be sharing about this and other GFWC Affiliates at our September Board of Directors meeting.

Instructions on making pinwheels: [https://preventchildabuse.org/wp-content/uploads/2016/02/MakeYourPinwheel\\_National.pdf](https://preventchildabuse.org/wp-content/uploads/2016/02/MakeYourPinwheel_National.pdf)



## CFWC State Board meeting in Sacramento February 25-26, 2022

Attending: Judy Pantazo Palomar District President,  
Nancy B Jones Palomar District 1st VP

CFWC Officers and Chairmen including Myrna Binford (Health & Wellness) and Sonja Hults (Communications & Public Relations) gave their reports.

Capitol Tree Project Update: CFWC labeled trees in the Capitol Mall during Chris Herzog's CFWC administration. Those trees may be harmed during a renovation project. Deborah Bushnell reported on the Capitol Annex Project: destroying trees, demolishing the historic East Annex and replacing it, adding a Visitor Center and excavating for an underground parking garage. 1.3 billion dollars to be spent. The project was approved by a 3-person committee, in secret, without taking into account the will of the people of California, nor State and National Preservation Laws. Motion: Deborah moved that the GF California Federation of Women's Clubs send letters to the Governor, Legislature, and the Joint Committee on Rules (JRC) in opposition to the Capitol Annex Project. The motion was adopted.

Program: Lisa Blanchard, Director of Grateful Garment Project and member of West Valley Federated Women's Club, was introduced. The goal of the project is returning dignity to victims of sexual assault. The club has set up a clothes closet with new clothes, sizes infants to adult, for victims to wear home after being checked at a hospital following an assault.

District Presidents, including Palomar District President Judy Pantazo, gave reports about their year.

Nominating Committee Report: Lynn Hutton presented the slate of candidates for CFWC for 2022-24:

1st Vice President - Sonya Matthies  
2nd Vice President – Wendy Curran and Patsy Wilson  
Recording Secretary- Cindy Sanders  
Director of Finance- Marsha LaRusso  
Treasurer – Jill Drescher  
Financial Secretary – Deborah Bushnell  
Area A Vice President -Toni Lima  
Area B Vice President – Rosette Clippinger  
Area C Vice President – BJ Addis  
Area D Vice President – Lynne Youngstrom

LEADS Training takes place during February State Boards. 6 Districts sent a participant for the training. Ginger Ozman was chosen to go to GFWC Convention in New Orleans to represent CFWC.

GFWC President, Marian St. Clair shared about her work in a recorded speech on Zoom.

Workshops included Resolutions and Communications & Public Relations.

CFWC Convention will be May 12-15 in Garden Grove. All members are invited to attend, even if only for the day. Registration and meals must be in by April 9.

HEMGROWN NATIONAL PARK® - Shared by CFWC Environment Chair Jane Thomey - as suggested by Margaret Meyncke Temecula Valley WC - Start a new HABITAT® that has no political, religious, cultural or geographic boundaries because everyone - every human being on this planet - needs diverse, highly productive ecosystems to survive. PLANT NATIVE: A GRASSROOTS CALL-TO-ACTION TO REGENERATE BIODIVERSITY - NO EXPERIENCE NECESSARY [www.homegrownnationalpark.org/](http://www.homegrownnationalpark.org/)

Submitted by Nancy B Jones, 1st VP Dean of Chairmen

## THIS 'N' THAT

### SAVE THE DATES (open to all members)

May 31, 2022 Palomar Executive Board via Zoom (10 a.m.)

June 25-28, 2022 GFWC Convention, New Orleans-Louisiana



### Women's History Resource Center— Carolyné "Doc" Hensel, Chair

*I have a very exciting project that will be shared with you very soon, and clubs in Palomar District can participate! It's all about each club's history and maintaining important historical records. Some clubs have clubhouses, some do not, but ALL clubs are important. Let me work with you in sharing how you can accomplish this goal. Stand by—You'll hear from me some time in June!*

### "Sharing is Caring!"

Your club's "wish list" could be listed here.  
All you have to do is send the information to the Newsletter Editor.

#### **POWAY WOMAN'S CLUB**

Poway Woman's Club is collecting pairs of shoes/boots/slippers (must be in pairs) in any condition. This project supports a before and after school program at a local elementary school in a disadvantaged area.

Contact Joye Davisson [joyead@cox.net](mailto:joyead@cox.net) or 858-748-7441

#### **GFWC INLAND VALLEY FEDERATED WOMEN'S CLUB**

We are collecting canceled postage stamps, gift bags of any size, pocket and any size calendars, fronts of used greeting cards, school and art supplies, and yarn (any color).

Our club has adopted a new project called "Cards for Prisoners."

We send packets of new greeting cards of all occasions to the prisons.

They can be blank or have a printed message.

The inmates receive them from a contact at the facility.

They are very happy to be able to send birthday cards and other types of cards to their families.

Contact: Rita Christie (760) 745-3102 or [rrchr@att.net](mailto:rrchr@att.net) or

Rosalia at [rosalia1947@att.net](mailto:rosalia1947@att.net) or (760) 532-8181

## Leadership—Nancy B Jones, Chair

Congratulations to the winners of Leadership narrative awards! We enjoyed reading them and commend all of our clubs and your strong leaders for a successful year!

What is Leadership? Every member of our clubs should aspire to learn to speak comfortably in front of a group, plan and lead projects, and help keep our clubs and District moving forward in Federation.

President Judy shared Leadership at the District LEADS mini-training last November, and these were the highlights that resonated with me:

\*Leadership is a commitment - You need to be dependable and organized.

\*Leaders must have self-control.

\*Leaders make decisions when needed - it's okay to self-correct.

\*Grow members into leaders - serve on committees, become chairs, move into offices.

\*Leaders delegate responsibilities.

Please keep our CFWC LEADS (Leadership Education and Development Seminar) program in mind - It's a very useful and fun training session which helps "members gain the capabilities, confidence, and

commitment necessary to pursue and achieve higher office and serve with distinction." [GFWC] The "higher office" can mean taking an office in your club - and stepping up is encouraged but not required.

Ask Jan Imonti (Valley Center), Myrna Binford (Fallbrook), Judy Pantazo (Vista) or Nancy B Jones (Vista) about their LEADS experiences. Besides the leadership training, you will gain "Sisters in Federation," a sweet bonding with Federation members across the state.

The LEADS training takes place in February at the CFWC State Board meeting - please let me know (as your new District President) that YOU are willing to take the time to grow in Federation make a difference!



## Legislation and Public Policy



Marie Waldron, State Assemblymember — Each May, we recognize Wildfire Awareness Month but living in a rural part of the state, every month can feel like Wildfire Awareness Month. For the residents, businesses, and even farmers who have been dropped from their insurance due to living in or near so-called "wildfire zones," awareness of the risk comes with increased costs, anxiety, and uncertainty.

To respond to the deluge of non-renewals from insurance companies, the California Department of Insurance announced new regulations for insurance companies to factor wildfire prevention efforts into the cost of coverage. The new regulations would also provide homeowners and businesses with the wildfire risk scores that are assigned to their properties and create a process by which consumers can appeal their score and the other factors insurance companies use to assess wildfire risk.

For a list of steps you can take to reduce the risk of wildfires in your neighborhood, please visit this website at <http://www.insurance.ca.gov/0400-news/0100-press-releases/2022/release015-2022.cfm>. There are already many insurance companies offering discounts to residents and businesses that take these fire-hardening precautions, which can be viewed at <http://www.insurance.ca.gov/01-consumers/105-type/95-guides/03-res/Insurers-Currently-Offering-Discounts.cfm>.



## 2nd VP Membership—Bev York

### MEMBERSHIP MEMO

*Thank you to everyone who joined with us April 26 at the California Center for the Arts, Escondido to celebrate the achievements and accomplishments of the 11 clubs in Palomar District in 2021! It was a very special day, highlighted by a warm welcome to our two special guests, CFWC 2<sup>nd</sup> Vice President-Membership Sonya Matthies and CFWC Area D Vice President Wendy Curran.*

*As outgoing District 2<sup>nd</sup> Vice President, I was honored to introduce the 2021 “stars” of our District clubs in Fallbrook, Julian, Oceanside, and Bonsall. These ladies were chosen as winners for their outstanding contributions to their clubs, communities, District, and Federation:*

### OCEANSIDE

**Rookie of the Year CAROL BOYER** joined the club in 2021 and immediately became Recording Secretary. She quickly gained the members’ respect and has proven to be an asset in many areas in her short time with the club. A graduate of Oceanside High School and Mira Costa College, she continued her higher education while working on Camp Pendleton and earned her MBA from San Diego State. After 6 years in Japan, she returned to California and went to work in 29 Palms. She rose to Chief Financial Officer for Marine Corps Community Services before retiring in 2008. She now uses her skills and the specialized knowledge she gained, both in higher education and on the job, for the benefit of her new club. She is a valued member of the Woman’s Club of Oceanside.

**Club Woman of the Year YSELA SHARP** joined the club in 2018, has a positive attitude, is dependable and gives 100% in everything she does for the club. Among other things, she chairs the club Purse Project, co-chaired craft fairs, rummage sales, and chaired the Card Project for the military. Ysela recently took part in the Women’s History Event to recognize Oceanside businesswomen and is the WCO Second Trustee in charge of supplies for the club, ensuring meetings and events have everything

they need. She enthusiastically supports all club activities and fundraisers and enjoys being of service to others. “After all, it is what we are called to do,” she says with a smile.

**Volunteer of the Year GENIENE “GIGI” LACY** is a second generation member, born in Tri City Hospital, to club member Gayle Lacy. Very athletic, she took part in the Special Olympics for over 48 years. She took first place in bowling, bocce ball, softball and volleyball in the Georgia State Olympics; in Long beach she took first state-wide in swimming, bowling, and bocce. Today her favorite sport is NASCAR racing. She joined the club in 2021 but has participated in club activities with her mother since 2016, helping with projects and fundraisers. Gigi leads the Pledge of Allegiance and is in charge of hanging the American flag and taking it down after adjournment. She is very quiet and always willing to help. Oceanside is honored and appreciative to have Gigi, with her positive and helpful personality, as a member of Woman’s Club of Oceanside.

### JULIAN

**Rookie of the Year PATTY HALEY** joined the club a year ago and jumped in with both feet! She volunteered to Chair the Wildflower Show, one of the club’s biggest events. She takes part in many functions although she lives an hour from the clubhouse. She is truly a wonderful new addition to our club.

**Clubwoman of the Year CINDY NORRED** joined the club in 2018 and currently does an excellent job as the club’s Membership Chair. She lives near the clubhouse so she’s readily available to unlock the door or pick up the mail. In just a few short years, she has become an integral and very active part of our team, and best of all – she always has a smile on her face!

### FALLBROOK

**Rookie of the Year MICHELE AUBUCHON** joined the club in last September and immediately looked for ways to get involved. A month later she was part of the book club, bringing humor and insight to every discussion. When the District hosted a Leadership Seminar this past March, she eagerly accepted the opportunity when invited to take part. She served on

the committee to judge the annual District narratives submitted by other clubs, helped select our HOBY recipients for this year, and is busy reviewing applications and setting interviews as club Scholarship Chair. She has accepted 6<sup>th</sup> VP to handle clubhouse rentals for 2022-23. With her computer expertise and fresh ideas, Michele will be a wonderful addition to the FWC Board ....and she's just getting started.

**Volunteer of the Year TERI KATZ** has been a vibrant member since 2018. She rarely misses a meeting, live or on Zoom, and is active in both book and writing clubs. Whether a club event, galloping gourmet, or fundraising, her name's on the signup sheet! She served on the finance committee, co-chaired Paint 'N Sip, and was instrumental in both writing and judging the annual District reports. She is 2<sup>nd</sup> VP/Membership and co-hosted with Linda Lovett a fabulous get-acquainted tea party that brought us several new members. She spent much time reviewing property leases, liabilities and possible recourse, and set up and secured these and other important club documents online. For the coming year, she will serve as 4th VP/Property and Finance. We'll be in excellent hands.

**Clubwoman of the Year KATHY SIMMONS** joined the club in 2016 and "hit the ground running". She's busy with other groups and community involvement but makes the time and energy she gives our club seem like her highest priority. She hosts monthly lunches, made gift baskets for Mah Jong tournaments and starred in the Carriage Plays. She has served as 5<sup>th</sup> VP/House and Grounds for the past 3 years, quite a challenge! If there's a leaky pipe, broken copy machine, dirty carpet, she gets the call; in 3 years, she has hired 3 gardeners, replaced the roof, the A/C, 2 water heaters and had the termites evicted from the building. She always meets with workers for bids and proposals, and at the same time makes sure the clubhouse is stocked with everything from salt to TP. And this is only some of what she does for FWC!

### **BONSALL WOMAN'S CLUB**

**Volunteer of the Year PATTY MERRIAM** joined in 2019, and within months was serving on the Year-book Committee, Crafts Committee, Crafts Chair for the District's Art Festival, and Bylaws Committee. She was elected BWC's Recording Secretary in 2020. When our Crafts Chair moved, Patty stepped up to chair the crafts sales at our three 2021 fundraisers. She spent many hours leading the committee in making creative, imaginative, clever – and practical --items to sell, arranged artistic sales

displays and staffed the sales area herself when needed. She won first place with her entries in the 2020 Art Festival. When COVID killed the 2021 Art Festival, she heard the whisper, "Why can't we have our own art show?" And within weeks – thanks to her computer skills, artistic talents and determination, we DID have our own virtual art show! It was innovative and well-received -- complete with narrative, background music and the opportunity to vote for viewer favorites. It was posted on the club's website for those who missed the Zoom meeting. A retired school principal and educator, her leadership skills are apparent in the varied tasks she takes on. Her dedication and enthusiasm inspire even members without crafting skills to join her in making beautiful craft items to sell. She is highly organized, motivated and a joy to work with. Her choice as Volunteer took the committee about 10 seconds to decide.

## **Arts and Culture**

### **CONVENTION ART EXHIBIT**

Our first Convention Art Exhibit, the first of its kind and highly experimental, got off to a great start this year with 15 artists and 20 pieces, ranging from oil and acrylic paintings to a macaroon apron, from a painted wine bottle to a crocheted butterfly, from handmade jewelry to needlework, from a quilt to painted china vases, from photographs to a "Bohemian Scarf" (which binds merino wool into silk gauze using soapy water) – there was something for everyone! If we have another exhibit at next year's convention and if you've ever created something you're proud of and would like to show off, please bring it to display! You'll love the compliments you'll hear!!

## **GFWC Domestic & Sexual Violence Awareness & Prevention— Bev York, District Chair**

### **THE PURSE PROJECT**

I'll soon make another delivery to the Alabaster Jar Project (AJP) to their resource center in Escondido of purses, personal items, and gently used clothing for the use of human trafficking survivors who are rebuilding their lives with the help and guidance of AJP. If you're holding donations for this project, please let me know ASAP so that I can arrange to pick them up or meet you at a mutually convenient spot to collect them. Due to COVID limits, we have

not made regular deliveries to them for the past couple of years, so I'll have a nice supply for them this time, but they can always use more!

As a reminder, we collect gently used and new purses and tote bags, personal care items (nothing with a hotel/motel/travel logo, please) of any size, feminine products, everyday use items (calendars, notepads and pens, small calculators, etc) and gently used clothing suitable for the workplace or job interviews. Anything and everything we donate is appreciated and used by these women.

**FAREWELL:** This will be my last "Membership" notes in *The Telescope*. I am termed out as 2<sup>nd</sup> VP/ Membership. Sherry Lutes will be stepping in on

June 1, and I will move to Co-3<sup>rd</sup> VP/Programs with Joye Davisson. It has been an honor and a privilege to serve in this office the past two years and I look forward to the innovations and new ideas Sherry will offer you in the next two years. Please join me in welcoming her to the Palomar District Executive Committee for 2022-2024!

Bev York



## Environment— “Water for People”

### THIS is Where it All Began—Everyone Should Have Access to Clean Water

*Water and sanitation is in our DNA.* The idea behind Water For People began in the early 1980s, with three people who wanted to use their expertise to build a better world.

Ken Miller, Wayne Weiss, and John B. "Jack" Mannion had spent their entire careers working in water and wastewater, and they each believed it was possible for everyone in the world to have access to safe water and sanitation services. This was no pipe dream – this was real conviction supported by decades of experience.

In 1991, these three men came together with others in their industries to create Water For People, an international nonprofit based in Denver, Colorado. Using their networks, knowledge, and experience, they began to build a program that would bring lasting solutions to the world's water crisis.

Today, Water For People continues to rely on strong ties to professionals in the water industry. These partnerships ensure the solutions we provide are grounded in the expertise of water and wastewater experts from around the world.

Whether it's a drink from the tap, a toilet that works, or a place to wash our hands, having water is a basic necessity that many of us take for granted.

*Their Vision*—A world where every person has access to reliable and safe water and sanitation services.

*Their Mission*—Water for People exists to promote the development of high-quality drinking water and sanitation services, accessible to all, and sustained by strong communities, businesses, and governments.

At Water For People, everything they do comes from the belief that everyone should have access to clean water and sanitation services, forever. To date, they have helped over 3.6 million people with this goal.

Info: <https://www.WaterForPeople.org>

Facebook:

<https://www.facebook.com/SanDiegoWaterForPeople>

Contact: [sandiegowaterforpeople@gmail.com](mailto:sandiegowaterforpeople@gmail.com)



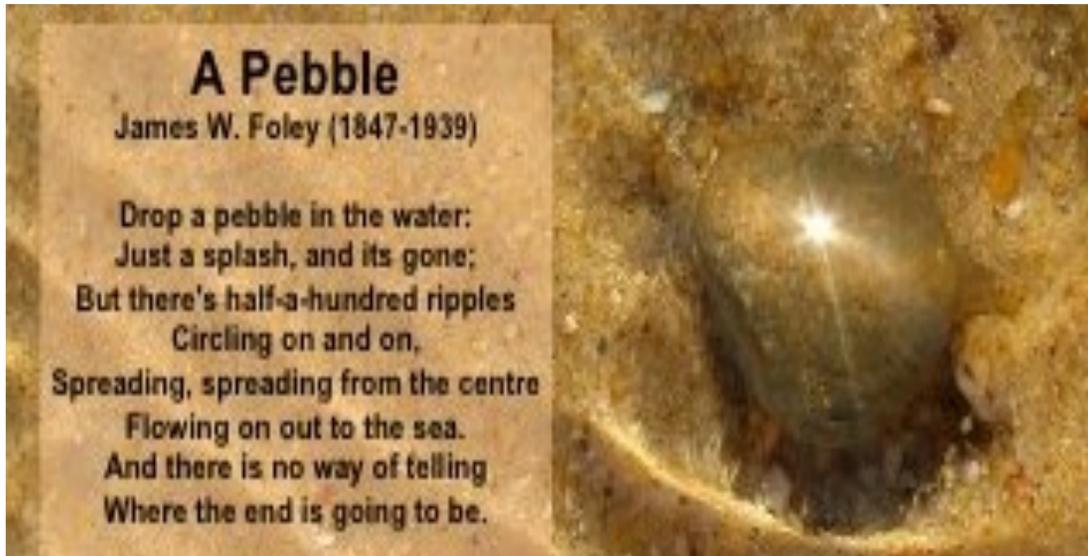
water for people  
EVERYONE • FOREVER



## 3rd VP Programs & Itineraries Inspiration Chair – Joye Davisson

As always there are chairmen and officers at CFWC and District who are willing to attend your meeting and share their knowledge. Just ask!

**Inspiration: This is how I see us as individual members:**



## Civic Engagement

SAN DIEGO — The Coast Guard Cutter Kimball (WMSL-756) crew offloaded 11,300 pounds of cocaine and 4,076 pounds of marijuana, worth approximately \$223 million, recently in San Diego.



- The Coast Guard Cutter Kimball crew was responsible for one interdiction seizing approximately 2,295 pounds of cocaine.
- The Coast Guard Cutter Legare crew was responsible for four interdictions seizing approximately 4,714 pounds of cocaine and 1,826 pounds of marijuana.
- The Coast Guard Cutter Spencer crew was responsible for one interdiction seizing approximately 635 pounds of cocaine and 2,250 pounds of marijuana.
- Jointly, Her Majesty Canadian Ship Yellowknife (MM 706) and Kimball's crews were responsible for one interdiction, seizing approximately 331 pounds of cocaine.
- Jointly, Kimball and Legare's crews were responsible for one interdiction, seizing approximately 3,326 pounds of cocaine.



## Communications and Public Relations— Rosalia Zamora

### 5 Texting Etiquette Rules You Should Know

Do you ever find yourself confused when someone texts you? How soon should you text them back? How many emojis should you use? Do you use an exclamation point? A period?

Believe it or not, there *are* rules that guide texting behavior. It's become an art form over the past decade or so, complete with widely accepted, yet unspoken, etiquette. People probably won't tell you you're doing it wrong, but you could accidentally be sending mixed signals. Luckily, we've got some tips for you. We might not be able to do anything about your relatives who can't seem to type without SHOUTING IN CAPS LOCK, but we can at least help you be a better texter.

#### Use Emojis Judiciously

Everyone uses emojis these days. In a text-based form of communication with no indication of tone or intent, emojis add meaning and nuance to your text. If you don't use them, you run the risk of coming off bland or even like you don't want to talk to that person at all. Feel free to sprinkle them into your messages, but think about the context. As in, maybe don't use the kiss emoji for your boss. But if you're texting a friend, a smiley face or heart emoji will let them know your message is lighthearted and affectionate.

#### Watch Your Punctuation

Punctuation is just as big a deal as emojis. The harshest thing you can do is end your text with a period. Seriously. Periods come off as flat at best and at worst, hostile. You're better off using no punctuation at all if you want to sound neutral. (It's okay. It's not a school paper.)

**That annoying moment when you're texting someone and auto-correct decides to join the conversation.**

Punctuation quantity matters, too. A single exclamation point is fine for a coworker or a casual acquaintance. But if you are talking to your bestie, feel free use liberally. Without exclamation

points in a casual, friendly text, you might as well be using a period!!

#### Don't Send A Million Texts

The worst thing  
Is when  
Your friend  
Sends 16 texts  
Separately

In the span of 30 seconds.

If you've ever been that person who forgot to silence their phone in a meeting, you're probably dying inside. Even reading that was annoying, wasn't it? Don't do this. Spare your loved ones. They will thank you.

#### Don't Use All Caps

NO ONE WANTS A TEXT THAT SCREAMS AT THEM. Unless it's mutual, when you're yelling about the season finale you just watched. That is the ONLY time it's appropriate. Otherwise, all caps texts are just stress messages. You can say what you need to say with lowercase letters.

#### Use the Right Laughter Level

Are you LOLing? ROFL? What about an LMAO? Some people will use an LOL at the end of a sentence, almost like a punctuation mark to indicate lightheartedness or even sarcasm.

And then there's the reliable "haha." When communicating with someone, decide how many "ha's" are appropriate. A single "ha" conveys less humor and can even come across as short and annoyed. The more "ha's," the funnier the last message actually was, and you'd do well to know how invested you want to appear to the other person.

*Hahahahahahaha!!!!!!!!!!!!!!* — Only for your absolute best friend.  
Source: [www.wordgenius.com](http://www.wordgenius.com)

Want someone to stop texting you? Send back "service error 305: delivery failed, further messages will be charged at a rate of \$1 per message to your account." 😊

## HAZEL ERICKSON SCHOLARSHIP RECIPIENT

Hello Everyone! My name is Jessica Luna, and I am so happy to be here today.

I am a First Generation College Student that knows how important schooling is because I have seen my family struggle without it. I am currently a full time student at MiraCosta majoring in Liberal Arts and Humanities. I plan to become an elementary school teacher because that was when I fell in love with learning and I want to help my future students fall in love with education as well. As a gay latin woman I strive to set an example of accomplishing your dreams no matter who you are or who you love. Currently I am a part of Phi Theta Kappa Honors Society and got a 4.0 last semester ! I work part time to help get me through college and with this scholarship I will be one step closer to achieving my goals as well as relieve some of my financial burden during these difficult times.

My most challenging obstacle I had to face was being stuck in Mexico for 9 months during a global pandemic. I was previously a DACA student up until Spring 2020. I was given the chance to become a permanent US resident, so I set out to Ciudad Juárez. Due to some complications in my case, there was further paperwork that needed to be done. This could have taken about a month to complete, but because of the pandemic, the Consulate shut down. I was stuck in Mexico, without my family, and no way home. I had to fly out to Guadalajara to stay with my grandparents, who I barely knew, since I had lived in the US my whole life. I had to drop out of MiraCosta because they had not switched to virtual learning at the time and I was extremely ashamed. I felt awful, and quickly became depressed. I was all alone in a different country.

I was born in Mexico, but it was not my home. My home was 1,700 miles away and the distance felt endless. The life I had worked and fought so hard for was ripped away from me. After 9 hard months away from everything I had ever known, I finally got to go back home in November 2020. My heart was finally full again, and those nine months in Mexico were challenging but have made me so grateful for all the opportunities my parents have given me. This challenge has made me work harder to achieve my goals. I hope to make the women's clubs proud, and I want to say thank you again for having me. It's an honor to be the recipient of the Hazel Erickson Teaching Scholarship!



(left to right) Nancy B Jones, Jessica Luna, Jessica's guest, Judy Pantazo



## JULIAN WOMAN'S CLUB

After two years hiatus caused by COVID, the Julian Quilt Show returns on June 26<sup>th</sup> and runs through July 4<sup>th</sup>. The Quilt Show is presented by the Julian Woman's Club and profits go toward scholarships and donations to charitable organizations. The quilts to be displayed will be provided by quilters in the community and include antique quilts and modern designs. Tourists from around the world come to see this remarkable show. The quilts are displayed in the Julian Town Hall, located on Main Street, open daily from 10:00 a.m. until 4:00 p.m., and is free to the public.

Preceding the opening of the Quilt Show, world-famous quilter Eleanor Burns will present her annual show, titled: *This is Your Life! Eleanor Burns*. Eleanor is notable for her entertainment abilities, along with her quilting and teaching skills. Enjoy the song and dance of this "Strip Queen" as she shares memories that inspired her favorite quilts and treats you to photos of her 45 years in the quilting industry. And, she will have her books on sale at reduced prices. The show will be on Saturday, June 25<sup>th</sup>, 2022, from 10:00 a.m. to Noon, in the Town Hall.

A "Country Store" within the show will offer boutique items for sale. Quilted items range from pot holders to lap quilts and beautiful wall hangings, all of which are hand-made and donated by members of the Julian Woman's Club. Also available are raffle tickets for a unique king-sized quilt constructed under the direction of Eleanor Burns. The last day of the quilt show coincides with Julian's Independence Day celebration and parade. At 3:00 p.m., the winning ticket for the raffle quilt is selected. Raffle tickets will be available at the quilt show or may be purchased online.



For more information, contact Patricia Landis, [plandis@ucsd.edu](mailto:plandis@ucsd.edu) or (760) 765-4654. Reservations for the Eleanor Burns Show and the Quilt Raffle Tickets are available online at [www.Julianwomansclub.org](http://www.Julianwomansclub.org)



Blooming! The Julian club recently presented its Wildflower Show, another in its 96 years of existence. Many have memories of the "Weed Show", which this was if you believe flowers are only the cultivated kind. Members fan out within a 15 mile radius to gather samples such as a Lord's Candle (yucca), bouquets of California poppies, lupines, wild sweet peas, sun cups, and so many more. As a spot of color is seen, drivers quickly park with hazard lights on and gatherers jump out of cars with clippers in hand. Flowers are wrapped in paper and plunged into a bucket of water. The bountiful buckets are delivered to the clubhouse for sorting as if they are the most prized possessions. Which they are.

Showcasing the flowers is our refreshed clubhouse, which is now light and airy. The flowers preen in the bright room and, of course, set up and take is easier being in our own home. It also enables visitors and long time residents to see our location and where we meet. Outside the Jupiter's Beard (pink valerian) was rioting in the flower beds. Such a cheerful greeting they make.

Patty Haley, Rookie of the Year, is show chairwoman—a daunting task. Her co-chair is Tere Tangeman, a new member. The two were assisted by crafters, bakers, and quilters in producing a multi-faceted show. The show was dedicated to the memory of Marion Moore who was a member of many years and an avid flower geek. A gorgeous flower bedecked mannequin, created by Carol Galley, greeted guests as they entered. A poster board with photos highlighted Marion's love of flowers. Enjoy Spring and appreciate each bloom and plant you see as they are fresh now but not for long! See y'all next May.



## FALLBROOK WOMAN'S CLUB



*Fallbrook Woman's Club Carriage Players presented it's 12th annual murder mystery, Who Killed Claudio Vanderbilk, May 6th and 7th.*

Over 120 guests enjoyed entertainment, mystery, laughs and a great lunch of Poppy Seed chicken, rice and salad. Guests were also encouraged to enjoy appetizers of deviled eggs, crudité, and stuffed peppers as Inspector Detective Sherla Holmes, played by Roxann Clouse, introduced the suspects.

Paris Hall, played by Diane Jansen; Zanya Grey, played by Judie Erickson; Fancy Froufrou, played by Kathy Simmons; Vickie Torian, played by Jaimie Adair; Lilly Tipton, played by Colleen Jackson; Rose Garden played by Karen Feyler, all under the direction of Lee Johnson who played Lacey Frills.

All the suspects had motive, opportunity, and means to kill Claudio. They were either cheated, left at the altar, black-mailed, or straight out tricked by the dastardly Claudio. The guests listened to each story that the suspects had to tell, then cast their ballot on who they thought was the guilty party.

As they enjoyed dessert of chocolate cake, the murderer was hauled off in handcuffs. Those guests who guessed correctly were entered into a drawing for a gift basket presented by the murderer.

Fallbrook Woman's Club was very pleased to see so many ladies of our sister clubs, CWONC and Bonsall Woman's Club, as well as members from PEO, Fallbrook Vintage Car Club and members of their families, friends and members of the community. Profits from the play fund philanthropic endeavors.

**SHOP**  
Coming soon

*Fallbrook Woman's Club will also be hosting an Attic Sale on Friday, June 3rd and Saturday, June 4th.*

*For more information, send an e-mail to [fallbrookwomansclub@gmail.com](mailto:fallbrookwomansclub@gmail.com).*

# Club and Meeting Information

## **STARS OF PALOMAR (Affiliate Club for past and current club/district presidents)**

Organized 1958 Federated 1958 Members: 13  
Meeting Day/Hour: 3<sup>rd</sup> Tuesday, 11:00 AM (Oct, Dec, Feb, May); Location: Zoom

## **BONSALL WOMAN'S CLUB** (large club)

Organized 1980 Federated 1980 Members: 73  
Meeting Day/Hour: 1<sup>st</sup> Thursday, 10:00 AM; Meeting Location: Bonsall Community Center

## **CARLSBAD, WOMAN'S CLUB OF** (Intermediate club)

Organized 1925 Federated 1925 Members: 68  
Meeting Day/Hour: 2<sup>nd</sup> Wednesday, 6:45 PM; Clubhouse: 3320 Monroe St, Carlsbad 92008

## **FALLBROOK WOMAN'S CLUB** (intermediate club)

Organized 1907 Federated 1910 Members: 60  
Meeting Day/Hour: 2<sup>nd</sup> Tuesday, 10:00 AM; Clubhouse: 238 W. Mission Road, Fallbrook

## **GFWC CONTEMPORARY WOMEN OF NORTH COUNTY (CWONC)** (intermediate club)

Organized 1985 Federated 1985 Members: 37  
Meeting Day/Hour: 2<sup>nd</sup> Monday, 6:30 PM; Location: Zoom ([www.CWONC.org](http://www.CWONC.org))

## **GFWC INLAND VALLEY FEDERATED WOMEN'S CLUB** (small club)

Organized 2000 Federated 2001 Members: 7  
Meeting Day/Hour: day, time and location varies (Sept, Nov, Jan, Mar, June)

## **JULIAN WOMAN'S CLUB** (intermediate club)

Organized 1926 Federated 1928 Members: 51  
Meeting Day/Hour: 1<sup>st</sup> Wednesday, 1:00 PM; Clubhouse: 2607 C Street, Julian

## **OCEANSIDE, WOMAN'S CLUB OF** (medium club)

Organized 1918 Federated 1920 Members: 21  
Meeting Day/Hour: 1<sup>st</sup> Thursday, 10:00 AM; Clubhouse: 1606 Missouri Avenue, Oceanside

## **POWAY WOMAN'S CLUB** (small club)

Organized 1960 Federated 1960 Members: 14  
Meeting Day/Hour: 2<sup>nd</sup> Tuesday, 10:00 AM; Location: Porter House Great Room, Old Poway Park

## **VALLEY CENTER WOMEN'S CLUB** (small club)

Organized 1987 Federated 1988 Members: 3  
Meeting Day/Hour: 1<sup>st</sup> Thursday, 10:00 AM; Location: Check with club president

## **WOMAN'S CLUB OF VISTA GFWC** (medium club)

Organized 1916 Federated 1925 Members: 30  
Meeting Day/Hour: 2<sup>nd</sup> Wednesday, 11:45 AM; Location: Shadowridge Golf Club