



Palomar District Federation, CFWC

The Telescope

SEPTEMBER 2023

ROSALIA ZAMORA
EDITOR

Members of the California Federation of Women's Clubs and
the General Federation of Women's Clubs



Notes from President Nancy B ...

Hello, Dear Members!

We are very excited about our District plans for this year and look forward to hearing about your club projects and fundraisers! We hope you enjoy our Telescope newsletter with contributions from our officers and chairs.

First of all, thank you to our gracious and generous club presidents who have welcomed my visits to club meetings in September and October. I am so excited to meet your members and hear about your amazing plans for projects and programs!

Next, at your meetings I plan to share about LEADS, UNICEF, Hours and Narratives, and Nominations for District officers. LEADS is a leadership seminar open to all, with one member chosen to represent our District - Applications are due December 1. UNICEF will be our program at our September Board of Directors meeting. ALL members are welcome to attend and bring their research! Your Hours count! Keep track of your Hours, turn them in to your club Dean, and be sure to write up your Narratives as soon as projects are completed. And, please consider accepting a District officer position - we do have fun doing a LOT of good here in North County!

Also, we look forward to your support of our District fundraisers - we don't have to bake or sell, and we appreciate your generosity to keep our District moving forward in the Federation.

Lastly, feel free to e-mail me or other District officers with your questions - We serve YOU, our members, every day!

In Federation, Nancy B Jones
Palomar District President 2022-2024



*Growing and Grinning
with GFWC!*

Board of Directors Meeting

All members are welcome!

Tuesday

September 26

10:00 AM

**Templar's Hall, Old Poway Park
14134 Midland Rd., Poway**

**Make reservations
through your club.**

Lunch: \$15

**Checks payable to
"Poway Woman's Club"**

**Morning goodies -
Bonsall and Julian**

**Opportunity Drawings -
Fallbrook, Inland Valley,
Oceanside, Poway,
Valley Center**



Palomar District Federation, CFWC
President's Project: Affiliates for Children
GFWC Affiliate UNICEF for September 2023



Hello, Palomar Members!

Here's a new approach: YOU all get to provide the program information this time!

Please research UNICEF - a fun job for members! - and share that information with your club members at your September meeting.

Please collect donations for UNICEF at your meeting and prepare a club check for those donations (made out to Palomar District).

Bring your responses and donations to the Board of Directors meeting in Poway on September 26.

ALL members are welcome to attend this meeting!
We'll be asking each club to share what they have learned.

1. What do the letters UNICEF stand for? What is the current name of the organization?
2. When was UNICEF started?
3. What is the focus of UNICEF's work?
4. Who does UNICEF help?
5. In how many countries is UNICEF active?
6. How do kids help collect donations? How much has been collected?
7. Why should we support UNICEF?
8. What else do we need to know about UNICEF?
9. Choose one country where UNICEF is helping and explain the work that UNICEF is doing there.

Thank you for making a difference!



Aloha!

Wave Goodbye to Your Heels, Wear Your Sandals—It's a Hawaiian Party!

PALOMAR DISTRICT'S 66th ANNUAL CONVENTION

Tuesday, April 23, 2024

**California Center for the Arts, Escondido
340 N. Escondido Blvd., Escondido**

SAVE THE DATE!





4th VP Fundraising— Pam Hermansader



WHY DOES THE DISTRICT HOLD FUNDRAISERS? by Bev York, Pam Hermansader, Rosalia Zamora and Nancy B Jones

All 10 clubs, 1 Affiliate club, and Palomar District are members of the Federation. We support the Federation and the Federation supports us in-kind to encourage our programs of service and philanthropy.

As a member of the Federation, certain obligations and mandatory expenses spelled out in the Bylaws and Standing Rules of CFWC and Palomar District, as well as unavoidable expenses common to nearly all organizations, must be paid. These include but are not limited to:

1. **District Convention** (CFWC Bylaws):

- 1a. **Registration fees** only partially cover venue and meals; District picks up the difference;
- 1b. **Speakers and entertainers**, stipend, and small courtesy gift for each; and
- 1c. **Printing costs** for programs and narratives winners' certificates.
- 1d. **Meals** are covered for District President, scholarship winner and her guest, invited speakers, invited CFWC officers, and Southern District President. Southern District is our sister district in San Diego County.
- 1e. **Scholarship award annually, \$500**: paid from the Hazel Erickson Scholarship Fund. Hazel Erickson, Palomar District President 1964-66, "bequeathed to Palomar District a sum that was used to establish a scholarship fund to be awarded to students pursuing a degree in education." In her last will and testament, that endowment is awarded annually: in odd years to a high school student attending Palomar College and in even years to a high school student attending Mira Costa College. The scholarship is paid by the District treasury and reimbursed by the scholarship fund, an interest-earning savings account. Donations to the Fund are accepted from clubs, members, and anyone who wishes to contribute. The District does not compete with clubs for our scholarship winner and none of our fundraising dollars go into the Scholarship Fund.

2. **State meetings and CFWC Convention**: The District President and 1st VP-Dean are members of the CFWC Executive Board and required to attend the Convention and a minimum of two State Board meetings per year. They are official representatives of the clubs in the District, with voting rights. The 2nd VP-Membership is also required to attend one meeting per year. Reimbursable expenses for these three officers include half the rate of a double room, all meals, and full transportation. Meetings alternate annually between Southern and Northern California.

3. **Annual Area D Conference registration**: Palomar is one of four districts in Area D, southernmost of CFWC's four Areas. The conference is held annually in one of the four districts. In 2022, it was held in Vista, and in 2023, it will be held in Ontario.

4. **GFWC International Convention**: when held in our area.

continued on page 5...

5. **LEADS candidate** expenses: meals, hotel, and transportation.
6. **District Yearbook printing costs, postage to out-of-area recipients:** 50 copies were printed of the 2022-23 book, at a cost of \$180. Those who receive the book are District officers, club presidents, club delegates and alternates, the CFWC President, and CFWC officers who request it. 46 voting members of the District Board of Directors received the 2022-23 yearbook.
7. **Website and domain:** gfwcpalomardistrict.org serves all clubs in the district with timely info.
8. **Newsletter and postage:** to members of the Board of Directors without computer or access to e-mail.
9. **Zoom meeting subscription**
10. **Liability Insurance**
11. **Printing, postage, and officer-related expenses**
12. **Narrative Training Workbooks:** handed out to Narratives Workshop attendees; minimum 20 copies, 15-20 pages each
13. **Handouts for other District events/causes:** reimbursement of printing costs
14. **Secretary of State fee and state raffle permit**
15. **District dues increase in lieu of fundraiser:** Without fundraisers, an increase in dues paid by clubs to the District is our only alternative. A quick look at the annual budget in the Yearbook shows why. The District operates on a larger scale than clubs do – We represent all the clubs in the District at state meetings, workshops, conventions and, and occasionally, national events -- which is why we ask all of the clubs to actively support our fundraisers. To meet the 2023-24 budget, we'd have to charge clubs at least \$60 dues per member to fulfill the role mandated by CFWC.

The District Budget is always included in the annual District Yearbook, provided to every club president, delegates and alternates, and other members of the Board of Directors. Of the \$25 dues clubs paid to the District for each member, GFWC receives \$15; CFWC receives \$5; and Palomar receives \$5. See District Standing Rule #2. In 2022-23, Federation's official membership for the District was 330 x \$5 = \$1,650 dues received.

Both GFWC and CFWC include "Fundraising" at every meeting with baskets, raffles, and other appeals to defray costs. CFWC's Fundraising Chair serves the same role as District's 4th VP-Fundraising. We are in compliance with CFWC's Standing Rule #26.

Stay-at-home fundraisers became a successful alternative when the pandemic shutdowns interfered with traditional fundraisers, so successful that widespread organizations like Palomar District have continued the policy for the convenience of members, but in-person fundraisers will no doubt return in the future.



Palomar District will hold its District Board Meeting on January 23, 2024, at 10:00 a.m. at the Woman's Club of Carlsbad clubhouse. All members are invited!

In order for you to plan ahead, we would like all of you creative and talented members to donate a few of your "Creations" to the District for this Fundraiser to sell at the meeting. A sample of some of the items you can donate could be home-baked goods, home-canned goods, handmade jewelry, kitchen items, pet items, greeting cards, and the list goes on. More details to follow.

If you have any questions, please call Pam Hermansader at (760) 451-9234 or e-mail to av8rpam@gmail.com. Thank you!



See's
Famous Old Time
CANDIES

See's Candies Yum-Raising **NOW through December 1, 2023**

The Palomar District Federation, CFWC is holding a **See's Winter Candies Virtual Fundraising event**. You will be able to order your favorite See's Candies without ever leaving your house. Please feel free to forward this Fundraising information to your friends and family. The more orders we get means we can have more funds for the District!

Below is a link to our "Fundraiser Storefront". Click on the link below and start shopping! When you are ready to order just select the item(s) you wish, add to your Bag and when you check out you will be asked for your credit card number. See's accepts VISA, MasterCard, American Express, Discover and PayPal. No tax will be added.

Shipping charges for YUM-RAISING Customers

Under \$40 = \$7.95 \$40 - \$69.99 = \$5.95 Over \$70 is Free

Exciting news! Gift cards ship for Free! (you may see a shipping charge of \$5.95 when checking out your order for Gift Cards only but when you review your order the shipping charge will be gone!)

Orders will be shipped beginning on November 10th
Please allow 7 business days for orders to arrive.

https://www.yumraising.com/secure/cfwcpd_cfwc_palomar_district21/PamHer4006/

If you have any questions, please contact Pam Hermansader at av8rpam@gmail.com or call (760) 451-9234.

Thank you for supporting your District!

Palomar District Federations, CFWC is a 501(c)3 Nonprofit organization that donates to Scholarships for Palomar College and Mira Costa College Students. Members of the General Federation of Women's Clubs and California Federation of Women's Clubs.

To learn more about Palomar District visit <https://gfwcpalomardistrict.org/>



1st VP, Dean of Chairmen and Domestic Violence Awareness and Prevention Chair— Bev York

WHY Narratives? WHY Count Hours? Why? Why?

WHY NARRATIVES? Narratives represent your club's history by year. If the Chair leading each of your projects (successful or not), writes a narrative about it, she creates a paper trail that future members can look back on for guidance, enlightenment, inspiration, to satisfy curiosity and invite more than a few "Our club did **that?**" comments. They're also entertaining!

Go back and read narratives your club wrote 5 years ago or more – discover what earlier members worked on. It's neat reading. You may get ideas for new projects. Past **unsuccessful** efforts are also important! Learn from your predecessors' mistakes and avoid their missteps if you're planning a similar project now. Most important of all (if you're not already doing it), make a notebook of your narratives each year, and put them out at meetings for members and prospective members to enjoy. And don't show just the ones that won a District, CFWC or GFWC award, save and display all of them! They're a priceless part of your club's story, and a strong selling point for prospective members.

If you've never seen or written a narrative, I'll bring a couple of binders of earlier narratives to the September 26 meeting. Look them over!

Judging 2023 narratives will again be done by clubs in a different size category from the ones being judged. A medium club will judge a small, intermediate or large club but not a medium, for example. We find judging each other's reports is much fairer than asking outside judges, who can't appreciate the work and creativity you put into a project, to decide which club's work is worthier of an award. A side benefit for judges: reading about other clubs' projects may suggest ideas for future winners of your own!

WHY HOURS? You may wonder why, if your other clubs don't count the hours you spend with them. The answer is simple: All clubs in the Women's Club Federation are non-profit, designated by the IRS as 501(c)(3) organizations with a list of requirements for maintaining non-profit status. Reporting on the hours we spend on Federation projects and administration is one of those requirements. When added to the hours every other club in the Federation reports, we justify our status as non-profits for another year. Social clubs don't have to do that. Please keep track of your hours! Jot down the time the meeting ends, when you spend an hour on club e-mail or travel to a fundraiser site – everything you do counts, but only if you count your hours. A handy little purse calendar makes it easy.

HAVE QUESTIONS? If you have questions about District, its function, why we do things the way we do – whatever – please e-mail me and we'll answer as soon as possible, either via e-mail or the Telescope. The more you know about District and CFWC, the better!

BY THE WAY – Does your club stationery include the line "Member of GFWC, CFWC, and Palomar District" with the club name? You'll find this in CFWC Standing Rule #56.

NOMINATING COMMITTEE – When one of these ladies calls and asks you to serve on the District Board in some capacity, it's a compliment to your talents and abilities. If the position suggested does not appeal to you, ask about other possible vacancies that might be a better fit for you. There's something for everyone! You can make a difference not only in your home community but in all of North County.

Narrative Training

October 24th at 10 am at La Sala in Bonsall

Registration available soon

This Palomar District Executive Board meeting will include our comprehensive **Narrative Training**, led by our Dean Bev York. Come and be amazed by the beauty of narratives and creating your club's history of your wonderful community service projects. You will receive a printed copy of the Narrative Training folder at this in-person meeting.

All members are welcome!

Arrive by 9:45 to get your morning goodies and your cuppa tea or coffee!

We are happy to accommodate our working members by offering an **evening Narrative Training** session on November 14th at 6 pm on Zoom, led by our President Nancy B Jones. The same information will be covered, and a printed copy of the folder will be provided - if you RSVP by October 1st.

Please let Nancy know **ASAP** if you would be interested in joining this evening session.

Note: Folders can be shared and duplicated for those unable to attend. Materials are not copyrighted, but they **ARE** an invaluable guide to writing your winning narratives!

DOMESTIC AND SEXUAL VIOLENCE AWARENESS AND PREVENTION

ALABASTER JAR PROJECT

Palomar District has supported this 501(c)(3) organization, located in North San Diego County, since 2019, as they fight human trafficking on many levels by providing resources, education and limited long-term housing for survivors of this obscene “hidden crime” as they turn their lives around, get educated, and become productive citizens. We made two significant deliveries of your donated purses and totes, personal toiletries, clothing, gift cards and other items between spring 2019 and summer 2022 and have started collecting for a third delivery, hopefully before Christmas. The COVID pandemic only slowed our work; it did not stop us! Starting this month, we again ask for your new or gently used, unneeded clothing – they’ll particularly appreciate large and extra-large sizes – for the survivors as they attend school, interview for and get jobs. Many come to AJP with little more than the clothes they’re wearing, seldom suitable for their new lives.

They also appreciate purses and totes, personal and grooming items (AJP asks that these items not carry the name of travel-oriented businesses), jewelry, calendars – Anything you use every day, they use every day. If you have items to donate, please bring them to any District meeting or to the Narratives Training Workshop in October. AJP will appreciate everything you donate to them, guaranteed!

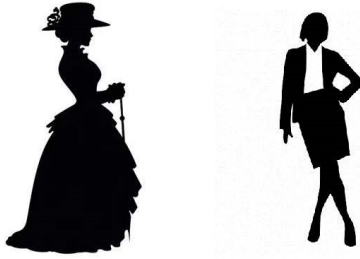
If your club supports a domestic or sexual violence shelter – AJP or another – please share that info with me and be sure to write a narrative on your project so everyone will know the good you’re doing.

HUMAN TRAFFICKING UPDATE

Supervisor Jim Desmond has just announced coming legislation to fight human trafficking by focusing on expanded education and awareness of students, parents, teachers, and the public. In a recent University of San Diego and Point Loma Nazarene University study, it was found that sex trafficking generates more than **\$810 million per year in San Diego County at a cost of 8,000 victims per year**. Average age of these 8,000 victims? 16 years old. One of those 8,000 could be your child or grandchild. Here’s another number: 90% of San Diego County high schools reported sex trafficking cases; 100% of them reported recruitment of their students. Right now, only 7th and 8th grade students in this county learn about trafficking. Supervisor Desmond is pushing for legislation to attack these predators and spread the word so that everyone in this county is very aware of what’s happening around us, in the North County and around the state. Our children deserve our attention. This has been a hidden crime for too long.



Tickets for OCTOBER 5th GALA are available here: <https://alabasterjarproject.us8.list-manage.com/track/click?u=bf6c967c1b341ad0d5d035c6e&id=7471257b8d&e=e652e56946>



SAVE THE DATE

Area D Conference

Modern Club Woman Defined

Past and Present

Saturday, October 21, 2023

Host: San Bernardino District

Location: Ontario Elks Lodge #1419

1150 W. 4th St. Ontario CA 91762

All Areas Welcome!

ALL MEMBERS AND VISITORS are welcome to attend and enjoy this informative and inspirational Conference for our CFWC Area D! Ontario is about 1.5 hours from Vista, so we'll need to get an early start. Speaker, registration, cost, and lunch details will be coming soon.

Carpools are forming - contact President Nancy B Jones to join us! 11nanb.jones74@gmail.com



GFWC's weekly e-newsletter keeps clubwomen and friends up-to-date on all the latest GFWC programs, projects, and issues. To receive **News & Notes**, sign up through the Member Portal. (see page 9)

Contact GFWC@GFWC.org for questions.

QuickBytes is CFWC's weekly e-newsletter, published regularly on Mondays. All members are encouraged to sign up to receive *QuickBytes* directly via e-mail. [.cfwc.org/publications/quickbytes/#signup](https://cfwc.org/publications/quickbytes/#signup)



GENERAL FEDERATION
of WOMEN'S CLUBS

National Day of Service

SEPTEMBER 30, 2023

*The GFWC National Day of Service (NDS) was highlighted at the GFWC Annual Convention as a national service project that GFWC clubs, districts, regions, and state federations have pledged to participate in on September 30, 2023. Many attendees were happy to have, not only a national project to support, but a vehicle for attracting new members to GFWC clubs. **It's not too late to register!** Please join us in the fight against food insecurity in our communities.*

To participate in the inaugural NDS, please e-mail Melanie Gisler, Director of Membership Services, at mgisler@gfwc.org and cc Deb Strahanoski, GFWC International President, dstrahanoski@gfwc.org. The NDS Toolkit is now available in the GFWC Member Portal in the Digital Library. After you log in, click on the profile icon. Click "My Digital Library" in the drop down menu and follow this path:

My Digital Library > Resources > N > NDS Toolkit

GFWC Civic Engagement and Outreach Community Service Program

The General Federation of Women's Clubs (GFWC) is united in its dedication to volunteer community service. The **National Day of Service** (NDS) is a day in which all of GFWC comes together in service to highlight an area of need, take action to address it, and raise public awareness about its importance. State federations and clubs are participating by organizing Community Service Programs (CSP) in their communities as part of NDS.

Our Palomar District clubs signed up with Director of Membership Services Melanie Gisler and copied to GFWC International President Deb Strahanoski to support our National Day of Service.

As of August 25, the total number of pledges from Region, States, Districts, and Clubs comes to 782. 718 of those pledges are from our grassroots GFWC Clubs.

Fallbrook Woman's Club will pack "Chemotherapy Bags" of comfort supplies for Michele's Place, a cancer support network and collect school supplies to support local schools and unhoused students from Fallbrook Union High School.

Julian Woman's Club will host a "Julian Free Pantry" at their clubhouse; we will team up with them to provide food, clothing, and hygiene items for our Julian community.

The Woman's Club of Vista will support "Operation HOPE-North County" by collecting boxes of cereal for their residents and their food pantry. .

Woman's Club of Oceanside will support "Pathways" by collecting diapers and "Operation HOPE-North County" by collecting personal hygiene items.

Poway Woman's Club, GFWC Inland Valley Federated Women's Club, Woman's Club of Carlsbad and Bonsall Woman's Club will help ease food insecurity in their communities by collecting canned goods and non-perishables for their local food banks.

Please share your NDS results with our President Nancy B and in your narratives! Include details such as where you delivered the donations, the volunteer hours from your members, volunteer hours from community members, and the (approximate) value of the in-kind donations you collected. And, it's always a treat to include comments and kudos from your members and the community. These narratives will almost write themselves! Remember to take pictures and send them to Rosalia for the District newsletter!

Thank you to our Palomar clubs for adopting this National Day of Service!



2nd VP Membership - Sherry Lutes

Membership Retention

We need to go out and rebuild and strengthen our core group of members, remembering you cannot go out and recruit new players to a faltering team, right?

Many clubs start up again in August/September - start the new club year off right by distributing member surveys - ask THEM what they liked/disliked over the past year. Ask the club officers to give a list of their "Wells & Betters" (what they thought the club did well over the past year and what they thought the club could do better). When you are honest with yourselves on your weaknesses, you can focus on your strengths and come back with a renewed sense of purpose and focus.

Each club and community is unique. Adopt suggestions to help revitalize and engage your members. Keep club projects fresh, relevant, and interesting to the entire membership. If a project is past its time, then bury it!

Research shows a positive program of continuing education on the benefits of belonging to GFWC can help increase a club's overall retention rate. This education process or "Federation Refresher" is essential for instilling a sense of pride and purpose in both new and seasoned members. *Source: GFWC*



3rd VP Programs & Itineraries and Inspiration— Joye Davisson

Programs: Have you researched UNICEF as yet? What interesting fact have you learned? President Nancy has chosen UNICEF for our September District Board of Directors focus. Collect for this project at your September meeting and bring a check made out to Palomar District (UNICEF on the memo line).

Itineraries: Just a reminder ~ As you begin to plan your programs and speakers for the next club year, remember that your CFWC and District officers and chairmen are available. Request itinerary for CFWC chairs and officers at joyead@cox.net.

Inspiration:

Every Day, Lord

Every day Lord, help me to live
in a way that is pleasing to you.
From the sparkle of dawn
to the tranquility of eventide
May my thoughts be true and loving,
My words pure and honorable,
and may everything I do
be to your glory.

Amen





Growing and Grinning
with GFWC!



Palomar District Federation, California Federation of Women's Clubs

"Bakeless Bake Sale" Fundraiser



SALE BEGINS ON 8/1/23

**IT'S EASIER THAN YOU MIGHT
THINK**



On these busy, hot days, who could bake,
Pie, cookies or even a cake?
You'd be surprised if you counted the cost
Of the materials, heat or the time you've lost.
Cooking for a sale is extra work,
Yet nobody really wishes to shirk.
So we thought of a plan that is really grand,
And we feel that you will understand.
In an envelope, please put the price,
Of a pie, cake or something nice.
Without fuss or bother, you have done your part,
We are sure you will give with a willing heart.
This is the end of our tale.
Wish us success in our **BAKELESS BAKE SALE.**
Hope you will help!



Note: Please make checks payable to Palomar District and indicate "Bakeless Bake Sale" in memo

Mail to: Pam Hermansader
1658 Crown Court
Fallbrook, CA 92028

OR



BRING YOUR DONATION TO THE SEPTEMBER 26TH DISTRICT BOARD MEETING

Four excellent reasons to donate:

- 1) save on your sanity
- 2) no calories consumed and going directly to your hips
- 3) no burning of baked goods
- 4) its too hot to bake!

Palomar District Executive Board is conducting a "Bakeless Bake Sale" Fundraiser! We wanted to have a fundraiser that would be creative and let the members donate to our district if they so desire. There is no need to turn on the oven, go to the store and buy ingredients, or read the fine print on favorite family-saved recipes. Just simply pick the goodies you wish you had but don't want the calories going straight to your hips.

Thank you in advance for your contribution

Pam Hermansader
District 4th VP Fundraising
Av8rpam@gmail.com
(760) 451-9234





GFWC Women's History Resource Center— Carolyné “Doc” Hensel, Chairman

WHRC - Recording Oral History

Oral history is a method of obtaining and preserving the spoken memories and perspectives of a person with firsthand knowledge of past events. Oral history provides current and past GFWC members with a historic voice and preserves GFWC history for future generations. Through oral history interviews, GFWC members share their experiences, enabling other members and researchers to better understand what it means to be a member of the General Federation of Women's Clubs.

It is fairly easy to identify past and current GFWC members with stories to share. However, it is important to have the proper equipment, a set of questions, and established standards for conducting oral history interviews before you begin an oral history project. You should consult the WHRC chairman in your state federation and/or local club for advice and assistance to ensure that the interview process goes smoothly and that oral history recordings and transcripts are properly catalogued, stored, and shared. The GFWC WHRC chairman, committee, and staff also are available to help you plan your oral history project.

Source: GFWC Digital Library

Share the Good News with Club Members!

If any of your current or new members wish to sign up for District news, please forward this link to sign up: <https://gfwcpalomardistrict.us18.list-manage.com/subscribe?u=0cc0b202fdf6d86e5399f7f3e&id=176d4856a7> or send an e-mail to Rosalia1947@att.net!

NOTE: Always check your spam or trash folder!

LETTER TO THE EDITOR:

Could we have a comment section put in the newsletter? When you mistakenly sent out the May newsletter, it reminded me that I had wanted to send in something thanking both Leslee Tipping and Alisha Dirois for sharing such intimate details of their personal experiences to all of us, helping to make the matters of the Environment and Health and Wellness so important.

I know every month the Chairmen take the time to research their particular area whole heartedly that we need to take the time to read every one of their reports, whether we think it will apply to us or not, because as we found out this month in particular, it did!

Thank you for your suggestion, JP!

To All Members: Send me your messages. I'll include them in the newsletter. Rosalia1947@att.net



Environment—Leslee Tipping, Chairman

OPPORTUNITY FOR CLUBS!

“I Love a Clean San Diego”

Founded as the San Diego War Against Litter Committee (WALC) in 1954, I Love A Clean San Diego (ILACSD) has worked to improve the health and beauty of San Diego for over 67 years. In the 1970s, “I Love A Clean San Diego” was the slogan for the organization’s anti-litter campaign. In 1980, it became the organization’s name. In 1989, ILACSD merged with the San Diego Ecology Center, joining two leading environmental organizations together to better serve the community, under one name.

Coastal Cleanup Day - Saturday, September 23, 2023

- Cardiff - San Elijo State Beach
- Cardiff - Seaside State Beach
- Carlsbad - North City Beach
- Carlsbad - South Ponto State Beach
- Del Mar - Powerhouse Park
- La Jolla - Torrey Pines State Beach
- Solana Beach – San Elijo Lagoon County Park



Questions: (619) 291-0103. To register your club:

<https://cleansd.samaritan.com/custom/501/cleanupday>



Education and Libraries—Diane Trappen, Chairman

In the 1930’s, women’s clubs were credited by the American Library Associations as having founded over 474 free public libraries and 4,655 traveling libraries. Supporting local libraries continues to be a Federation priority today. Above all, be supportive of your library and implement a project at your library your club can be proud of. Seek out the history of your library. Was it started by a women’s club? Collaborate with the library to share its history and promote its many benefits and opportunities through your club social media and events to inspire the community to use and support the library.

Epsilon Sigma Omicron (ESO) is an honorary educational society open to all per-capita dues paying GFWC federated clubs. The purpose of ESO is to provide clubwomen with a structural reading program, which is educational and stimulates a desire for self-improvement. Are you an ESO member?

As clubwomen, GFWC members promote education in both children and adults. Projects in the Education and Libraries Community Service Program are designed to foster schools, as well as other educational institutions and opportunities, and to promote libraries, literacy, and the love of a good book. Through these efforts, we encourage the growth of individuals and communities at home and around the world.

Source: *GFWC Club Manual*



Communications and Public Relations— Sonja Hults, Chairman

- ⇒ Do you edit a newsletter?
- ⇒ Do you create PR splashes for your local newspaper?
- ⇒ Do you take the photography for events?
- ⇒ Do you write posts for social media?

Come and join us! We will all learn together.
Bring one tip. One tool. We will go from there.



Editor's Note: Sonja is also the CFWC Communications Committee Chairman!

COMMUNICATIONS ZOOM ROUNDTABLE

Let's share tips and tricks with each other it will make our jobs easier!

JOIN US!

4th Monday of the month on
Zoom. Email
cfwccommunications@gmail.com
for the codes.



How do I sign up to use the **GFWC Member Portal**?

You must be a dues-paying member of GFWC.

If you have not already signed up, go to this website: <https://gfwc.users.membersuite.com/auth/portal-login>

At the bottom of the page, click on “Sign Up.” (Need an account? Sign Up)

GFWC: Have you signed up for the **Legislative Action Center** (LAC) yet? The LAC platform has been changed to “VOTER VOICE.” Please go to <https://www.voterveice.net/GFWC/home> and enter your contact information. Sign up now to get the latest legislative information from GFWC.

A Ride I'll Never Forget – by Kent Nerburn



I arrived at the address and honked the horn. After waiting a few minutes I honked again. Since this was going to be my last ride of my shift I thought about just driving away, but instead I put the car in park and walked up to the door and knocked.. 'Just a minute', answered a frail, elderly voice. I could hear something being dragged across the floor.

After a long pause, the door opened. A small woman in her 90's stood before me. She was wearing a print dress and a pill-box hat with a veil pinned on it, like somebody out of a 1940's movie.

By her side was a small nylon suitcase. The apartment looked as if no one had lived in it for years. All the furniture was covered with sheets.

There were no clocks on the walls, no knickknacks or utensils on the counters. In the corner was a cardboard box filled with photos and glassware.

'Would you carry my bag out to the car?' she said. I took the suitcase to the cab, then returned to assist the woman.

She took my arm and we walked slowly toward the curb.

She kept thanking me for my kindness. 'It's nothing', I told her.. 'I just try to treat my passengers the way I would want my mother to be treated.'

'Oh, you're such a good boy,' she said. When we got in the cab, she gave me an address and then asked, 'Could you drive through downtown?'

'It's not the shortest way,' I answered quickly.

'Oh, I don't mind,' she said. 'I'm in no hurry. I'm on my way to a hospice.'

I looked in the rear-view mirror. Her eyes were glistening. 'I don't have any family left,' she continued in a soft voice. 'The doctor says I don't have very long.' I quietly reached over and shut off the meter.

'What route would you like me to take?' I asked.

For the next two hours, we drove through the city. She showed me the building where she had once worked as an elevator operator.

We drove through the neighborhood where she and her husband had lived when they were newlyweds. She had me pull up in front of a furniture warehouse that had once been a ballroom where she had gone dancing as a girl.

Sometimes she'd ask me to slow in front of a particular building or corner and would sit staring into the darkness, saying nothing.

As the first hint of sun was creasing the horizon, she suddenly said, 'I'm tired. Let's go now'.

We drove in silence to the address she had given me. It was a low building, like a small convalescent home, with a driveway that passed under a portico.

Two orderlies came out to the cab as soon as we pulled up. They were solicitous and intent, watching her every move.

They must have been expecting her.

I opened the trunk and took the small suitcase to the door. The woman was already seated in a wheelchair.

'How much do I owe you?' She asked, reaching into her purse.

'Nothing,' I said.

'You have to make a living,' she answered. 'There are other passengers,' I responded.

Almost without thinking, I bent and gave her a hug. She held onto me tightly.

'You gave an old woman a little moment of joy,' she said. 'Thank you.'

I squeezed her hand, and then walked into the dim morning light.. Behind me, a door shut. It was the sound of the closing of a life..

I didn't pick up any more passengers that shift. I drove aimlessly lost in thought. For the rest of that day, I could hardly talk. What if that woman had gotten an angry driver, or one who was impatient to end his shift? What if I had refused to take the run, or had honked once, then driven away?

On a quick review, I don't think that I have done anything more important in my life.

We're conditioned to think that our lives revolve around great moments.

But great moments often catch us unaware-beautifully wrapped in what others may consider a small one.

PEOPLE MAY NOT REMEMBER EXACTLY WHAT YOU DID, OR WHAT YOU SAID ~BUT~ THEY WILL ALWAYS REMEMBER HOW YOU MADE THEM FEEL.

At the bottom of this great story was a request to forward this - I deleted that request because if you have read to this point, you won't have to be asked to pass it along you just will.

"Life may not be the party we hoped for, but while we are here we might as well dance."



Handmade Holiday
— CRAFT MARKET —

Friday and Saturday
November 11-12
10 a.m. to 4 p.m.

Julian Woman's Clubhouse
2607 C Street, Julian

Handmade items by the Julian
Woman's Club members.
Fall and Christmas items.

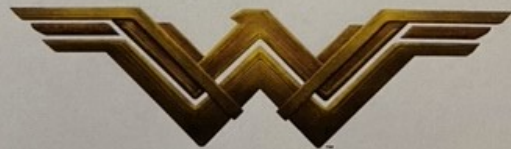
All monies collected go to
scholarships for Julian High School
students and adults furthering
their education.

Julianwomansclub.org

You Are Wonder Women

*I am in awe of you, each and everyone,
The things you accomplish, the things you get done.
The many hours you volunteer each year,
And when you are needed you just appear.
You give and give to those in need,
Your strength and encouragement help all who lead.
You always step up when others can not,
Busy with life, you take on a lot.
I can not imagine life without you,
Your smiles, your caring, a laugh or two.
Through thick or thin, I can count on you all.
I hope you know I'm here when you fall.
Together this group will not fail, but win,
I am in awe of you, you are Wonder Women!*

Carol Galley
Julian Woman's Club President 2023-2024



Stars of Palomar Woman's Club



All current and past club presidents are invited! Dues are \$15 a year.

Stars will meet on **Tuesday, OCTOBER 17, at 11AM in Escondido.**

Order from the menu; each pays own.

For Location, Membership Information, or to RSVP: Myrna Binford (760) 728-6393.

Stars meets on the 3rd Tuesday of Oct, Dec, Feb, and May. Location varies.



WEDNESDAY, SEPTEMBER 20, 2023 | 6:00 - 9:30 PM
WOMAN'S CLUB CLUBHOUSE
3320 MONROE STREET, CARLSBAD 92008

Game play begins at 7:00 PM

\$30/PERSON. PURCHASE TICKETS ONLINE AT
WWW.WOMANSCLUBOFCARLSBAD.ORG SHOP OR
CLICK [HERE](#) OR SCAN QR CODE HERE →
PREPURCHASE REQUIRED.



Win valuable prizes. Lots of opportunity baskets.
Delicious appetizers, desserts & wine included.

QUESTIONS? EMAIL WCCARLSBAD@GMAIL.COM OR
VISIT WWW.WOMANSCLUBOFCARLSBAD.ORG

Click the link below to get your ticket now before we sell out. See you on September 20th!

[Bunco Fundraiser, Sept. 20, 2023, 6:00 - 9:30 PM \(womansclubofcarlsbad.org\)](http://www.womansclubofcarlsbad.org)



SAVE THE DATE!

OCTOBER 11TH GENERAL MEETING

*Angel
Faces*



Don't miss this meeting! Our guest speaker will be Lesia S. Cartelli, founder and CEO of Angel Faces. Angel Faces, a recipient of a cash donation from our club at last year's Donation Day, is a national nonprofit organization providing healing retreats and ongoing support to girls and young women with severe injuries from burns or trauma. Angel Faces was created to transform the lives of adolescent girls with severe permanent scars, and disfigurement from traumatic events. Lesia herself endured severe burn injuries and subsequent scarring from a natural gas explosion as a child in 1969. Lesia will speak to us about her journey and describe how our club can support Angel Faces and the excellent work that they are doing to help these girls.



At the **FALLBROOK WOMAN'S CLUB** recruitment party on August 23, 2023, 32 guests and 30 members were treated to an informative and fun afternoon at the 'Carriage House Soda Shop.' The purpose was to give an overview of our club in a fun way for women who are considering becoming a member. The 1960's theme had guests enjoying 1960's cuisine, dance contests, a quiz, gift baskets, candy jar guessing game and an enlightening and informative welcome greeting by President Linda Lovett. Three guests became members and more to follow.



Party Planners: BJ Maus & Becky Tanamachi



Food, Food, & More Food!!!



It's a full house for the '60's Party!



Dance Competitions were a blast!!!



Members of **The Woman's Club of Vista** all brought ingredients to make a delicious taco salad, which they enjoyed after their painting project. They plan to include some other easy art projects for their members to enjoy.

“Rock Painting” at Alta Vista Botanical Gardens



JUDY rocks out



Donna and Lisa
enjoy the taco salad



CLUB & MEETING INFORMATION

(save for future reference) Rev. Aug 1, 2023

STARS OF PALOMAR (Affiliate Club for past and current club/district presidents)

Organized 1958 Federated 1958 Club president: Judy Pantazo
Meeting Day/Hour: 3rd Tuesday, 11:00 AM (Oct, Dec, Feb, May); Location: Varies

BONSALL WOMAN'S CLUB (intermediate club)

Organized 1980 Federated 1980 Members: 64 Club president: Mary Jo Pfaff
Meeting Day/Hour: 1st Thursday, 10:00 AM; Meeting Location: Bonsall Community Center

CARLSBAD, WOMAN'S CLUB OF (large club)

Organized 1925 Federated 1925 Members: 87 Club co-presidents: Diane Campbell & Lisa Kaufman
Meeting Day/Hour: 2nd Wednesday, 6:30 PM; Clubhouse: 3320 Monroe St, Carlsbad 92008

FALLBROOK WOMAN'S CLUB (intermediate club)

Organized 1907 Federated 1910 Members: 69 Club president: Linda Lovett
Meeting Day/Hour: 2nd Tuesday, 9:30 AM; Clubhouse: 238 W. Mission Road, Fallbrook

GFWC CONTEMPORARY WOMEN OF NORTH COUNTY (CWONC) (medium club)

Organized 1985 Federated 1985 Members: 38 Club president: Marianne Furtado
Meeting Day/Hour: 2nd Monday, 6:30 PM; Location: Civic Center, San Marcos

GFWC INLAND VALLEY FEDERATED WOMEN'S CLUB (small club)

Organized 2000 Federated 2001 Members: 11 Club president: Jan Imonti
Meeting Day/Hour: 2nd Tuesday, 1:30 PM (Sept, Nov, Jan, Mar, June) Location: J&M's Restaurant, Escondido

JULIAN WOMAN'S CLUB (medium club)

Organized 1926 Federated 1928 Members: 39 Club president: Carol Galley
Meeting Day/Hour: 1st Wednesday, 1:00 PM; Clubhouse: 2607 C Street, Julian

OCEANSIDE, WOMAN'S CLUB OF (medium club)

Organized 1918 Federated 1920 Members: 26 Club president: Rosemary Teding
Meeting Day/Hour: 1st Thursday, 10:00 AM; Clubhouse: 1606 Missouri Avenue, Oceanside

POWAY WOMAN'S CLUB (small club)

Organized 1960 Federated 1960 Members: 11 Club president: Joye Davisson
Meeting Day/Hour: 2nd Tuesday, 10:00 AM (Jan, Feb, Apr, May, Oct, Nov)
and 6:30 PM (Mar, June, Sept, Dec); Location: Porter House Great Room, Old Poway Park

VALLEY CENTER WOMEN'S CLUB (small club)

Organized 1987 Federated 1988 Members: 3 Club president: Bobbie Weiss
Meeting Day/Hour: Varies; Location: Check with club president

WOMAN'S CLUB OF VISTA GFWC (medium club)

Organized 1916 Federated 1925 Members: 26 Club co-presidents: Judy Pantazo & Sonja Hults
Meeting Day/Hour: 2nd Wednesday, 10:00 AM; Location: Shadowridge Golf Club, Vista