



Palomar District Federation, CFWC

The Telescope

SEPTEMBER 2024

ROSALIA ZAMORA
EDITOR

Members of the California Federation of Women's Clubs and
the General Federation of Women's Clubs

Board of Directors Meeting

ALL MEMBERS ARE WELCOME!

Tuesday
September 24, 2024
10:00 AM

Julian Woman's Club
2507 C Street, Julian

**No charge, but please make
reservations through your club.**

**Morning Goodies provided by
Fallbrook and Poway**

PRESIDENT'S MESSAGE

Welcome Dear Palomar District Sisters,

I am off and running!!! Not sure where to, but I am off. It is going to be an exciting year for all of us. Many of you are new in your club positions and many are returning for another fun-filled year.

I hope to see you at our September 24th Board of Directors Meeting at 10 am held at the Julian Club House. Then, following the meeting at our Fall Fundraiser Tea at the Julian Town Hall.

This last month, I was in northern California and had the chance to go to the CFWC Redwood Grove in the Humboldt National Redwoods. It was so peaceful, and the redwoods so majestic. If you are in the area, I urge you to go.

You will find that I am a woman of few (written) words. I find it hard to put down words.

Please read this newsletter so you will be up to date on the ongoing events of the District and clubs.

See you soon.

Sherry Lutes
Palomar District President

*Sharing, Caring, Giving,
Laughing, Working*



“Hearthstone
of the
California Federation of
Women's Clubs”



Save the Date:

Area D

Conference



Set Sail with the 

AREA D 'Dolls on Deck'

Date: Saturday, October 12, 2024

Hosts: Southern District

Time: 8:30 Registration; 9:30 Call to Order

Cost: \$45 – Registration and lunch

Location: Bankers Hill Club, 3030 Front Street, SD

Attire: Nautical or Club Shirts

Speakers: CFWC President Sonya Mattheis

CFWC 1st VP Wendy Curran

CFWC 2nd VP Cindy Sanders

Program: Shelter to Soldier, Kyrie Bloem

Morning Refreshments – Vendors – Prizes & Surprises!

IMPORTANT

**Please make reservations for the Area D Conference with your club.
The club treasurer is asked to submit the reservation form and one club check.**

How do I sign up to use the **GFWC Member Portal**?

You must be a dues-paying member of GFWC.

If you have not already signed up, go to this website: <https://gfwc.users.membersuite.com/auth/portal-login>

At the bottom of the page, click on “Sign Up.” (Need an account? Sign Up)



1st VP, Dean of Chairmen—Sonja Hults

AT THE SEPTEMBER MEETING, WE ARE GOING TO BE CELEBRATING LITERACY.

"International Literacy Day (ILD) is celebrated in September annually to raise awareness of literacy's importance. The United Nations Educational, Scientific and Cultural Organization (UNESCO) is a specialized agency of the United Nations with the aim of promoting world peace and security through international cooperation in education, arts, sciences and culture. UNESCO proclaimed International Literacy Day in 1967. "Literacy is seen as a pathway to social inclusion, economic progress, and personal empowerment. It can also open the door to greater freedoms, global citizenship, and the enjoyment of other human rights."

HOW MANY PAPERBACK BOOKS DO YOU OWN? Palomar District President Sherry has chosen **Operation Paperback** as one of our district projects.

WHAT IS OPERATION PAPERBACK? Operation Paperback was started in 1999 by a serviceman who noticed there were no books on the base where they were located. Their need is twofold. They would like books to read while deployed and for their families would video call them, and they were challenged because they did not have books to read to their children at night. Their friends and families started this nonprofit to supply overseas bases with paperbacks. Currently, they are shipping approximately 15,000 books a month.

PLEASE BRING PAPERBACK BOOKS TO THE MEETING IN SEPTEMBER! Go through your storage areas and dig up all of the children's books and adult paperbacks and bring them to the meeting to donate to this great cause. Ask your neighbors and friends to participate!

During the meeting, we are going to have a **Project in a Day** where we create bookmarks for the books we are sending with messages of hope. We will make them, sign them, and put them in each book to make sure the servicemen know they are appreciated. IF you want to create a design for a bookmark, **PLEASE DO**. Send me a photo of what your design is and how many you will be bringing added to the project. We are requesting scrapbook papers, ribbon, hole punches and little charms that we can tie on the ribbons.

Here is a social media post that you can put out to your community to invite them to participate. If you need me to send it to you directly, please email me. Send me the contact for the donations and the date you would like them delivered, and I am happy to do that for you.

Remember to **BRING YOUR BOOKS!** Let's see if we can do so many they need donations for **shipping boxes**. Thank you so much for supporting this very important project!

Celebrating October Literacy Month

OPERATION PAPERBACK

DONATE PAPERBACK BOOKS TO OVERSEAS MILITARY BASES:

- **ADULT PAPERBACKS**
- **CHILDREN PAPERBACKS**

Operation Paperback was started in 1999 by friends and family at the request of the enlisted that wanted books to read for themselves and to read to their children video chatting when deployed.
operationpaperback.org



GFWC WESTERN STATES REGIONAL CONFERENCE — by Sonja Hults

What a fantastic weekend! I just got back from the Western States Regional (WSR) Conference. What is WSR? I am so happy you asked. GFWC-United States is divided into six regions. This is WSR: California-Alaska-Washington-Oregon-Idaho-Utah-Nevada-Montana-Wyoming-Colorado-Hawaii.

It was the 106th WSR Conference and it was packed with GFWC ideas for the next year. GFWC President Suellen Brazil talked to us about getting out into our communities by asking local businesses to come and join in and ask for them to get involved. This will allow us to partner and create ways that we benefit for not only the club but the cities that we live in. She mentioned the Legal Action Center on the

GFWC website. If you have not signed up, please do. We have many items up for votes this year, and we could really use the help on getting some of the legislation voted through. One of the most current legislation we have been working on is about cyber bullying -- such an important topic. Her talk rounded out by talking about the GFWC building in Washington. Apparently, because it is an old building, they are working to improve the building and to keep it open and available to all members when they visit Washington D.C. This year, they are focused on the facade of the building. If you can, please donate. Information is available at <https://www.gfwc.org/>.

GFWC Chairmen did many presentations. We had presentations about Membership, Civic Engagement, Domestic Violence, Leadership, and Communications just to name a few. The GFWC Chairman really took the time to make the information timely and interesting. I will be presenting these ideas throughout the year. If you would like to sort through some of it, it is posted in the Western States Region Facebook page.

<https://www.facebook.com/search/top?q=gfwc%20western%20states%20region>

Seattle was beautiful and everyone seemed to have the best time getting to know each other. Trips were taken to waterfalls, fishing, and Pikes Market. A BIG thank you to Washington state officers. They really went out of their way to make each and every state feel welcome.

Next year September 11 -14, 2025. California is going to be the host. It will be in Long Beach and we will be there to make sure that our visiting states feel welcome and see why we love our state. For now the day trip is going to Catalina, and the 1/2 day trips are the Aquarium of the Pacific and the Queen Mary. We ask that you attend and shine bright as CFWC! All information is going to be discussed and presented next week the CFWC Fall Boards. CU There!

GFWC: Have you signed up for the **Legislative Action Center (LAC)** yet? The LAC platform has been changed to "VOTER VOICE." Please go to <https://www.voterveoice.net/GFWC/home> and enter your contact information. Signup now to get the latest legislative information from GFWC.



GFWC's weekly e-newsletter keeps clubwomen and friends up-to-date on all the latest GFWC programs, projects, and issues. To receive **News & Notes**, sign up through the Member Portal.

Contact GFWC@GFWC.org for questions.



QuickBytes is CFWC's weekly e-newsletter, published regularly on Mondays. All members are encouraged to sign up to receive *QuickBytes* directly via e-mail. [.cfwc.org/publications/quickbytes/#signup](https://www.cfwc.org/publications/quickbytes/#signup)



MEMBERSHIP TIPS — by Bev York

This question is for all members of your club: How do you recruit new members? Do you try different approaches during the year or does one “tried and true” method suffice for you?

One of the perks of being a District 2nd VP/Membership is the opportunity to attend State Board meetings and learn from the best officers about ways to recruit members to your club, ways that worked for them when they were club 2nd VPs. Some of them are priceless!

#1: This is the first tip they all give: **Every club member must be involved in membership recruitment**, not just the Membership Chair or Team -- from inviting them to their first meeting, making them welcome and greeting them by name, saying goodbye at the end of the meeting, and giving them a reason to come back next month. The easiest way to remember this tip: remember your first meeting, who spoke to you, made sure you had a seat, introduced you to others, and said goodbye after adjournment as you were leaving, and said she hoped she'd see you next month. Remember this when you're introduced to a guest and potential member!

2. **Have a club business card to hand out**, including the club's name, mailing and/or email address, website info, meeting place and day (“2nd Wed, Sept-June”), a contact name and email/phone, and just as important: an elevator speech explaining why the club exists. It can be as simple as “We're an all-volunteer, nonprofit local club that raises money to distribute to nonprofit groups in North San Diego County.” If there's room, add that you're “part of the largest volunteer women's federation in the world, non-denominational and non-partisan.”

3. **Post your upcoming events and fundraisers on neighborhood social media sites.** Often newcomers post wistful appeals for suggestions to make new friends when they don't know anybody.

4. **Have a signature project that identifies your club to the community.** For example, my club, Bonsall Woman's Club, hosts a large Christmas luncheon-fundraiser every year in early December that gets full page coverage in our local paper. So I knew at least one thing BWC did and was intrigued, but I don't go to meetings unless I know someone there. When I did meet a BWC member, she invited me to the next meeting to sit with her. I went, took home an application, and mailed it with my dues the next day. I haven't missed a Christmas luncheon in the 14 years since. If I hadn't known about the Christmas festivities, I likely never would have given BWC a thought. So if the prospect knows something about your club and you invite her to a meeting, she'll very likely say yes.

5. **At your fundraisers or other events where purchases are put in a bag for the buyer, also drop in a club brochure** to read when she gets home. By just being there, she already knows something about your club and these additional details may just “clinch the deal.”

6. **Display your club flag or banner at every event your club participates in, where the public is invited.** Putting your name out there where everyone can see it can attract potentially great members.

These are just a drop in the “membership recruitment” bucket, but I hope they start you thinking about other ways to attract new members, and that you'll share your ideas with us.

Service Year Pins: Don't forget to keep track of your members' service years! No one else has that information so it's up to you. CFWC and GFWC marketplaces carry pins for the various years and they're very reasonably priced.

Telescope Subscription: The email subscription itself is free, but each member has to sign for herself; she isn't enrolled automatically. You might consider adding it to your membership application form and have her sign for *The Telescope* and District news when she's filling out the rest of the form.

This is the permission line:

I give permission to Palomar District Federation, CFWC to add my name and e-mail address to the District database for the newsletter and special events.

signed

Domestic and Sexual Violence Awareness and Prevention—Bev York, Chairman

We will continue actively supporting the Alabaster Jar Project (AJP) for which we have collected monetary and in-kind donations District-wide since 2018. Rather than support several charitable groups for a few months or a year and then move on to other charities, we choose to focus on one non-profit at a time and do our best to help make a difference in that one's success.

To support the Alabaster Jar Project, we again ask for your generous donations of gently used clothing (large and extra-large sizes are especially welcome); shoes; gift cards, personal care items ranging from toothbrushes to soaps to hair spray to razors to deodorants, and everything in between; feminine hygiene products; new underwear; everything personal that you use, these ladies do, too. They also need simple things --notepads and pens, calendars, tote bags and purses, gift cards, pocket calculators – the list is endless. By special arrangement, we'll deliver your donations to the AJP

Resource Center in Escondido, and I can guarantee: everything you donate will be used — and appreciated!

You may ask , “What is the Alabaster Jar Project, anyway, and why should they get our help?” It was founded in 2013 in Rancho Bernardo to “restore, rehabilitate and empower” survivors of human trafficking and sexual exploitation. It became a 501(c)(3) non-profit in 2014 and has evolved in 10 short years to an awesome success, offering three principal programs today: **Grace House**, a two-year free residence for up to 5 survivors fighting their way to normal lives; it is the only long-term housing specifically for trafficking survivors in North San Diego County at this time. The **Resource Center** provides tangible support by offering our donated items free of charge to the women in the program; **Survivor-Led Peer Support groups** – approximately 70 women on the staff now are graduates of AJP's programs, the ideal role models to help survivors turn their lives around.

AJP defines human trafficking as “an ‘invisible’ problem hidden in plain sight.” In San Diego County, one of the top 13 areas nationwide with this “invisible problem,” it is the second largest underground economy (approximately \$810 million annually); only drug trafficking is bigger. 80% of its victims are American citizens and the average age of the recruited is 15 years old.

In the 10-year span since becoming a 501(c)(3) they have served over 500 trafficking survivors with a success rate of 89% – the national average is 50% – and have graduated 43 from their two-year long term housing program. Just this summer: one survivor graduated from community college, another passed her first semester at a university with straight A's, and another moved into her first home.

These are not faceless entities but real people with hopes and dreams, overcoming their hopeless past with diligence plus the support of many of us, on their way to a bright future.



Learn More by visiting our website:
AlabasterJarProject.org

Become an Advocate:
• Learn & Educate yourself
• Share on social media

Alabaster Jar Project
Empowering Survivors of Trafficking & Exploitation



Advocates for Children—Nancy B Jones, Chairman

President Sherry's *Magic Yarn Project*

The Magic Yarn Project provides whimsical, giggle-inducing character wigs and beanies that invite children into the world of imagination and play during difficult times. Wigs and beanies are made with homespun crochet. Thanks to our generous donors, wigs are always free for the families who receive them. The Magic Yarn Project gifts over 500 wigs every month to children with cancer and other medical hair loss all over the world. They rely completely on small donors to fund their shipping and materials.

Palomar District Clubs' Advocates for Children 2023

Sharing time! Here are a few of the projects that our Palomar Clubs reported on in their narratives in January this year. Take a look and perhaps your club would want to do a similar project.

Bonsall Woman's Club delivered 20 Happy Baby gift bags to the Armed Forces YMCA to be distributed to new military moms. The Military Project Chairman has direct contact with those in charge at the Armed Service YMCA and coordinates delivery of "Welcome Baby" gift bags. With monetary donations from the club members, all new merchandise is purchased and assembled in gift bags that include assorted size diapers, wipes, pacifiers, grooming kits and other needed baby items. The new military moms are thrilled to receive the "Welcome Baby" gift bags.

Woman's Club of Oceanside collected a carload of essential baby supplies, including diapers, wipes, and clothing, and donated them to Pathway Health Clinic. The clinic supports pregnant girls and women before and after childbirth.

The Woman's Club of Vista members, families, and friends donated gently used jewelry and member volunteers created a multi-table display at the Vista Boys & Girls Club for the kids to pick out that special piece of jewelry for their mothers, grandmothers, and aunts on the Friday before Mother's Day. The committee chair worked closely with the Boys & Girls Club's community outreach coordinator. After kids made their choices, the jewelry was packaged into a mesh bag and the kids also decorated a card and envelope with Mother's Day stickers. Kids loved the project and their mothers were very grateful for the gifts that were so lovingly chosen. There was enough jewelry for the Club's staff members to choose items for themselves. The Boys & Girls Club posted the project on Facebook and invited the Vista club to return again next year! The remaining jewelry was donated to Operation HOPE shelter for women and children for their boutique which provides outfits for job interviews and to boost clients' self-esteem.

Nancy B Jones "Farmer Jones" CFWC Environment Chair

My focus this term is on "Sunflowers and Sustainability." Sunflowers are cheerful and provide beauty and then ... food for birds!

And what do you do to help our Earth? Write out your best Sustainability habit and I'll have sunflower seeds for you at our September 24 Palomar District Board of Directors meeting in Julian! Look for my article in your weekly CFWC Quick Bytes. See you then!



“Smokey, Woodsy, and Penny Pines”

Nancy B Jones, “Farmer Jones” - CFWC Environment Chair



(bookmark)

Let's think about ... our Environment! This wonderful world that we are privileged to live in! The great outdoors with its trees, plants, animals, rivers, and air to breathe ... and our cities, homes, industries, and cars. We can think about Smokey (Bear), Woodsy (the anti-pollution owl) and our long-time project for reforestation: Penny Pines.

Penny Pines is alive and well! The offices of our CA National Forests - from Klamath National Forest (Yreka) in the north to Cleveland National Forest (San Diego) down in the south - are ready to accept our donations, in \$68 increments! Just remember to mark your envelope Attn: Penny Pines. You can call the National Forest offices to learn about this season's fires and how you and your club and community can help.

Smokey Bear and Woodsy Owl encourage us to care for our Environment.

Smokey Bear's story: In 1950, firefighters were battling a human-caused wildfire in the Capitan Mountains of New Mexico. They were overwhelmed by a fire but the whole group of 24 survived. Then they found an injured bear cub clinging to a pine tree, alone. His mother had perished in a forest fire. The rescued bear cub recovered in a game warden's home and then lived in the National Zoo in Washington, DC. Yes, he wears a ranger hat, and yes, he carries a shovel. Smokey Bear became the symbol for fire safety along with the 1944 slogan "Only YOU can prevent forest fires." That slogan was changed to "Only YOU can prevent wildfires" in 2001.

You know how to extinguish your campfires - drown them out, stir and drown again. Make sure your fire is out - dead out. Most wildfires are due to human carelessness. Wildfires are also caused by lightning strikes.

Woodsy Owl was created by the US Forest Service in 1971 to motivate children to form healthy, lasting relationships with nature. Woodsy's green hat was kind of like Robin Hood's, with a red feather and a tree sym-

bol. He even had his own song - The Ballad of Woodsy Owl with the catchy "Give a hoot, don't pollute."

Woodsy encouraged kids to have "good outdoor manners" - leave a clean trail, pick up litter, let plants and trees grow (don't pick leaves and flowers - leave them for others to enjoy), don't waste water, and keep our water clean. AND don't forget - reduce, reuse, and recycle.

These days Woodsy's message has been updated - now he asks us to "Lend a hand — care for the land!" Woodsy is hiking, wearing a day pack, encouraging us to pick up litter and plant trees. He wears a white shirt with the sleeves rolled up. Woodsy still helps us remember to treat our Earth gently.

When was the last time you and your club picked up litter? Your club can do a cleanup along a road or even in town, so we can stop trash from flowing to the ocean with stormwater. You CAN make a difference!

Penny Pines is all about reforestation and improving our watersheds. Has your club donated? This summer I called the USFS offices here in California, and the resounding response was - Penny Pines IS alive and well!

California National Forests cover some 20 million acres, or about 1/5 of the state. What a treasure we have!

Penny Pines is a national program that our Federation clubs support. As kids right here in CA, we did collect pennies for our forests. Penny Pines started in 1941 and was focused on purchasing seedlings. In 1964, the program turned to reforestation, rather than solely purchasing seedlings. The species of trees that are planted are the kind that grow in that area - including rare, endangered, and normal species. Not just pines, but also oaks and other kinds of trees.

I've seen Penny Pines projects on our hikes in the San Diego mountains: On Palomar Mountain. In the Cuyamacas. And in the Laguna Mountains. What a thrill to see the 10-inch-high pine seedlings inside green protective cylinders - within a burned area filled with black skeletons of trees and brush. And to see an area filled with 8-foot-high pines planted years ago. Reforestation is what our donations support!

To find the donation form, you can google Penny Pines and your chosen National Forest. Remind your members to bring their loose change and collect for Penny Pines at your meetings - encourage clanking coins and even silent dollars. Does your club have a creative Penny Pines container to pass around?

We have 16 National Forests here in California - and they have been burned - including this year's Park Fire and in the 2019 Dixie Fire. You can dedicate your Penny Pines donation to a member or friend who loves the outdoors - or has passed away. **Add your phone**

number to the form in case the Penny Pines coordinator has questions. Be sure to **add "Attn: Penny Pines"** to the address on the envelope. The list of California National Forests with updated addresses and phone numbers will be emailed out after the September Board of Directors meeting.

We're looking for every club - or at least every District - to write their Environment Program Area narrative this year and include your Penny Pines project. **Yes, Penny Pines IS alive and well!**

Club size numbers as of July 31, 2024

IMPORTANT NOTICE

Reporting additional members after 7/31/2024

Please use the current form; it's pdf-fillable.
The names of the clubs are located on a drop-down menu.

There are no more "Late Paying" members. Everyone is considered a new member if they paid after the April Convention rosters were turned in. Clubs may submit additional members to Carole May, District Treasurer, but she must receive the form completely filled out and the full amount of dues payment no later than the 10th of every month.

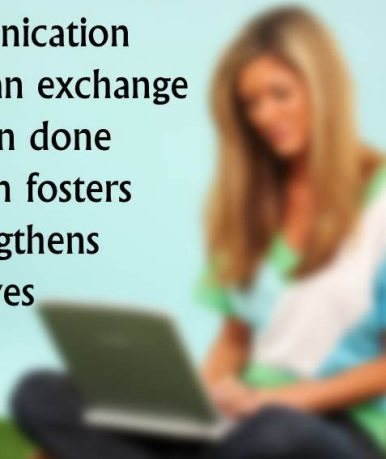
No more attempts to distinguish between those who are NEW and those who have been a member previously. See District Standing Rule 2(f)

Bonsall 69
Carlsbad 100
CWONC 39
Fallbrook 68
Inland Valley 12
Julian 46
Oceanside 24
Poway 10
Valley Center 3
Vista 34



Medium size
CFWC District
405 members

"...effective communication requires more than an exchange of information. When done right, communication fosters understanding, strengthens relationships, improves teamwork, and builds trust."





ATTENTION ALL YOU ARTISTS AND CRAFTERS!

We know you are out there, and we'd love to see your work.

Arts and Crafts by District club members (and children/ grandchildren of members) will be displayed at our annual District Convention on April 22, 2025. That should give you plenty of time to finish that unfinished project. No excuses.

The Arts and Crafts part of the convention is not a competition. It is an opportunity for you to display your artistic and crafting talents. And who knows, maybe someone will make you an offer. It has happened. Check future Telescope editions for entry details.



Mary Lou Jones
Arts & Crafts Show Chairman
marylou4494@yahoo.com



GFWC Women's History Resource Center— Carolyné "Doc" Hensel, Chairman

Did you notice that the GFWC Women's History & Resource Center has a new logo?



Founded in 1984, the GFWC Women's History and Resource Center (WHRC) collects, preserves, interprets, and promotes the history of GFWC. The WHRC documents the social and political contributions of GFWC clubwomen from 1890 to the present through the GFWC archives and related special collections. Our holdings are available for research by clubwomen, academics, and the general public

GFWC VOLUNTEERS IN ACTION

We would love to hear about your club's work, written in your own words. Click below to send us a paragraph or two about how you are Living the Volunteer Spirit! Volunteers in Action stories are typically posted within one month of submission if selected.

Please include your club name and State Federation. <https://memberportal.gfwc.org/news>

Share the Good News with Club Members!

If any of your current or new members wish to sign up for District news, please forward this link to sign up: <https://gfwcpalomardistrict.us18.list-manage.com/subscribe?u=0cc0b202fdf6d86e5399f7f3e&id=176d4856a7> or send an e-mail to rosalia1947@att.net to sign up! To open links in this newsletter, hold Ctrl+click.

NOTE: Always check your spam and trash folders!



ESO

Epsilon Sigma Omicron
Upsilon Chapter

September 2024



SEPTEMBER AUTHORS OF NOTE

September 15 – Agatha Christie, *Murder on the Orient Express*

September 21 – Fanny Flag – *Fried Green Tomatoes*

September 21 – Steven King, *The Shining*

September 24 - F Scott Fitzgerald – *The Great Gatsby*

September 25 – Kristin Hannah – *The Women, Firefly Lane*, and many others

September 25 – William Faulkner – *The Sound and the Fury*

September 26 – T. S. Elliot – Elliot’s letters and poetry

California ESO

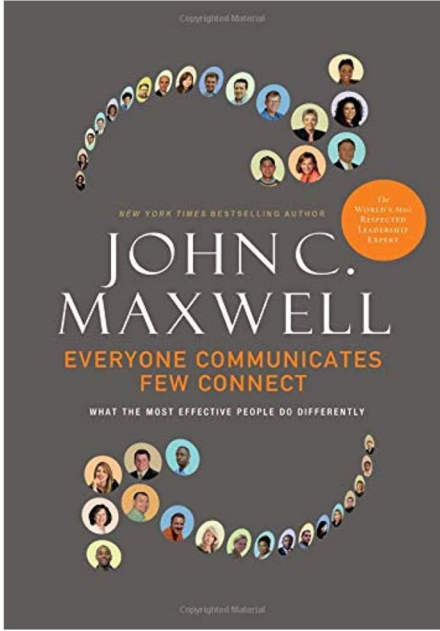
offers one of
the best gifts
you can give
yourself

knowledge

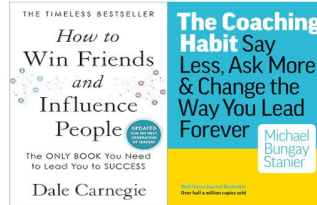
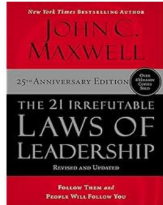
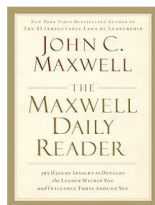
LEADERSHIP IS THE GENRE OF THE MONTH

Vicki Holden our California Federation of Woman’s Club’s Leadership Chair contributed the following:

"John C. Maxwell has long been one of my favorite writers on Leadership. His book *Everyone Communicates, Few Connect* is yet another example of his ability to put great ideas and thoughts in a concise form to help each of us on our own leadership journey. In addition to spelling out how to interact and connect with fellow workers/volunteers with vastly different personalities, he gives great insight in how to connect with larger audiences by engaging and interacting with them in your own style. Another feature of this book I thoroughly enjoyed was his interjecting highlights of his own leadership journey from pastor of a small church to a world-famous author and speaker on the topic. A great addition to my Leadership Toolkit."



Reggie Mattox
CFWC ESO
Chairman



Leadership can be reported under Volunteerism, as the Category List does not include that genre separately. Above are 4 books on the Amazon list of Leadership Books. John C. Maxwell has these two and several other beside the one Vicki has mentioned. A great project would be to start a little library at your club full of Leadership Books. You could also include CF and GF materials for example our *CFWC Federation at a Glance*.

Summer Reading Challenge Due!

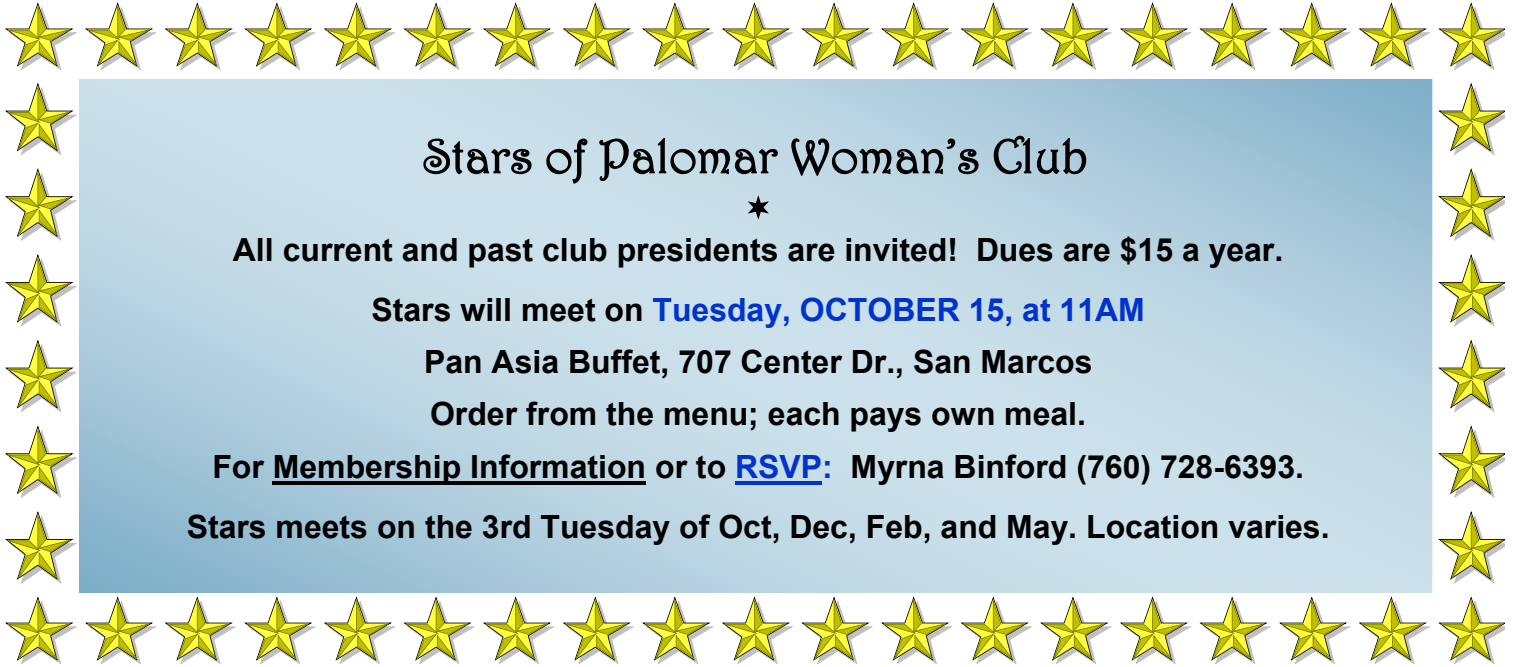
September 11, 2001

Twenty-three years ago, was a day most of us will never forget! The book *102 Minutes* tells a story from inside The World Trade by Dim Dwyer and Devin Flynn. This is a non-fiction book written by two men who were on the inside looking out not like so many other authors who were outside looking in. We cannot even imagine what it must have been like for the 14,000 people that went to work that morning expecting a normal workday to have September 11 turn into an unforgettable day. Readers say, "They find the stories fascinating, poignant, and moving." Amazon readers rate it 4.7. You can learn a lot about that day looking from the inside out.



PROJECT IDEA FOR SEPTEMBER

Most of us are familiar with the painted rock projects. This is similar only with books. Collect children's picture books that are new or very gently used with nothing written in them and put one in a zip-lock bag. Add a note inside with your club's name and a sticker on the bag saying "If you find this book you may keep it and read it. Then pass it on to a friend." You may want to include a club flyer or other club information in the bag. Hide these as you would the rocks in a park or possibly at a laundromat, doctor's office, or auto repair shop. Give your club e-mail and ask for a response when the book is found.



Stars of Palomar Woman's Club



All current and past club presidents are invited! Dues are \$15 a year.

Stars will meet on **Tuesday, OCTOBER 15, at 11AM**

Pan Asia Buffet, 707 Center Dr., San Marcos

Order from the menu; each pays own meal.

For Membership Information or to RSVP: Myrna Binford (760) 728-6393.

Stars meets on the 3rd Tuesday of Oct, Dec, Feb, and May. Location varies.

**UNIQUE GIFTS,
DECOR &
FOOD**



**BEST CHOICE
OF LOCAL
VENDORS**

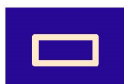
CARLSBAD HOLIDAY MARKET

SAT. NOV. 16

**WOMAN'S CLUB OF CARLSBAD
3320 MONROE STREET**

9:00 A.M. - 2:00 P.M.

WWW.WOMANSCLUBOFCARLSBAD.ORG





District Training For Club Deans

Palomar District 1st VP, Sonja Hults put on a very informative workshop for Club Deans. Sonja provided handouts, and valuable advice to make our jobs easier. Getting to know the other Deans and exchanging ideas was a highlight of the workshop.



(left to right) Mary Jo Pfaff, Bonsall; Liz Franciscus, Vista; Judy Pantazo, Stars of Palomar; Kaley McHale and Jackie Sewell, Carlsbad; Sonja Hults, District 1st VP Dean of Chairmen



WOMAN'S CLUB OF OCEANSIDE INSTALLATION OF OFFICERS: (left to right)

Rosalia Zamora, District Past President-Installing Officer; Valerie Pemberton, President; Ysela Sharp, 2nd VP, Linda Cox, 3rd VP; Leslee Mosley, Recording Secretary; Rose Anne Brink, Corresponding Secretary; Gayle Lacy, Treasurer; Carol Boyer, Financial Secretary; Marta Werner, 2nd Trustee; Genevieve Wunder, Third Trustee



TUESDAY, OCTOBER 15, 2024

6:00- 9:30 PM

WOMAN'S CLUB CLUBHOUSE

3320 MONROE STREET, CARLSBAD 92008

Game play begins at 7:00 PM

**\$30/PERSON. PURCHASE TICKETS ONLINE BY
SCANNING THE QR CODE BELOW OR
CLICKING [HERE](#)
PREPURCHASE REQUIRED.**

**Win valuable prizes. Lots of opportunity baskets.
Delicious appetizers, desserts & wine included.**

**QUESTIONS? EMAIL WCCARLSBAD@GMAIL.COM OR
VISIT WWW.WOMANCLUBOFCARLSBAD.ORG**





The Woman's Club of Vista
Members and guests came together on a hot July night to make baby blankets for the Vista Community Clinic. Thirty-one blankets were delivered by Nancy Ellis to the VCC.





WOMANS CLUB OF CARLSBAD
Domestic Violence Awareness Event

Sunday, October 20th

5:00 - 6:30 pm

WCC Clubhouse
3320 Monroe St.
Carlsbad, CA 92008

Please join us as we host speakers from Kathy's Legacy, Safe Passage and Center for Community Solutions who will educate and answer questions on the issue of domestic violence in recognition of Domestic Violence Awareness Month

Light refreshments will be served.

RSVP to kaleymchale17@gmail.com



As a co-chair of the service committee of the **Woman's Club of Carlsbad**, I'm always looking out for local volunteer opportunities. The LGBTQI+ community is one of the most underserved populations, but we can help! The North County Resource Center (NCRC) has many hands-on opportunities for us to really make a difference. We are very lucky to have the founder of the NCRC, Max Disposti, come to our clubhouse on **October 29th** at **6:00 pm** for an LGBTQI+ Awareness Training. Please join us to hear about the unique struggles this community faces and how we can be of service. All are welcome! Just show up day of but if it's possible, please let us know in advance.

Liz Wall lizmonacowall@gmail.com or 631-327-8270

LGBTQI AWARENESS TRAINING



PROMOTING SAFETY, INCLUSION AND WELL-BEING

The North County Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Resource Center training is a 2-hour 15m workshop -or less- that promotes safety, inclusion and wellbeing for LGBTQ patients, employees, City workers and clients in general.

Well-trained staff that effectively implement LGBTQ and gender inclusive practices are the foundation of a safe work environment, and it is of a great advantage to the population we serve. Creating a more accepting, inclusive, and diverse work environment teaches people how to recognize and resist stereotypes.



A SAFE SPACE

While there are many programs dedicated to the prevention of bullying, suicide and violence most do not specifically address the issues that lesbian, gay, bisexual and transgender and questioning (LGBTQ) youth and adults face on a daily basis. In response, the North County LGBTQ Resource Center has created training and tools for corporations, educators, social workers, law enforcement, mental health providers and service providers in general with the following objectives in mind:

- Decrease the use of hurtful or exclusionary language and/or practices
- Intervene when witnessing anti-LGBTQI language, harassment and/or bullying.
- Understanding the legal frame work and the possible liabilities
- Serve as a resource and support, both for individuals who identify as LGBTQ and staff, administrators and clinicians and learn how to be a visible ally.
- Explore Intersectionality of race, gender, immigration status and different identities.
- Create LGBTQI competency in all aspects of our services and culture.





CLUB NEWS

**WOMAN'S CLUB
OF OCEANSIDE, INC.** *Come for
Crafts, Food
and Fun!*

HOLIDAY CRAFT FAIR!

**FREE ADMISSION
HOMEMADE CRAFTS!
SPECIALTY ITEMS!
BAKED GOODS!
MUSIC + RAFFLE!**

**Saturday, November 9
9 a.m. - 2 p.m.
1606 Missouri Ave.
Oceanside, CA.**

**THANK YOU FOR SUPPORTING
THE WOMAN'S CLUB H.S.
SCHOLARSHIP FUND.**

**FOR MORE INFO OR TO
RENT A TABLE CONTACT:**

**Rose Teding, Chair 760-405-7472
Leslee Mosely, Co-Chair 760-518-0827**



CLUB & MEETING INFORMATION

(save for future reference) As of September 11, 2024

STARS OF PALOMAR (Affiliate Club for past and current club and district presidents)

Organized 1958 Federated 1958 Club President: Rosalia Zamora
Meeting Day/Hour: 3rd Tuesday, 11:00 AM (Oct, Dec, Feb, May); Location: Varies

BONSALL WOMAN'S CLUB (intermediate club)

Organized 1980 Federated 1980 Members: 69 Club President: Patty Merriam
Meeting Day/Hour: 1st Thursday, 10:00 AM; Meeting Location: Bonsall Community Center

CARLSBAD, WOMAN'S CLUB OF (large club)

Organized 1925 Federated 1925 Members: 100 Club President: Diane Campbell
Meeting Day/Hour: 2nd Wednesday, 6:30 PM; Clubhouse: 3320 Monroe St, Carlsbad 92008

FALLBROOK WOMAN'S CLUB (intermediate club)

Organized 1907 Federated 1910 Members: 68 Club Co-Presidents: Linda Lovett & Sharon Drucker
Meeting Day/Hour: 2nd Tuesday, 10:00 AM; Clubhouse: 238 W. Mission Road, Fallbrook

GFWC CONTEMPORARY WOMEN OF NORTH COUNTY (CWONC) (medium club)

Organized 1985 Federated 1985 Members: 39 Club President: Marianne Furtado
Meeting Day/Hour: 2nd Monday, 6:30 PM; Location: Civic Center, San Marcos

GFWC INLAND VALLEY FEDERATED WOMEN'S CLUB (small club)

Organized 2000 Federated 2001 Members: 12 Club President: Jan Imonti
Meeting Day/Hour: 2nd Tuesday, 1:30 PM (Sept, Nov, Jan, Mar, June) Location: J&M's Restaurant, Escondido

JULIAN WOMAN'S CLUB (intermediate club)

Organized 1926 Federated 1928 Members: 46 Club co-Presidents: Melana Brandt, Karen Gaither, Jonna Waite
Meeting Day/Hour: 1st Wednesday, 1:00 PM; Clubhouse: 2607 C Street, Julian

OCEANSIDE, WOMAN'S CLUB OF (medium club)

Organized 1918 Federated 1920 Members: 24 Club President: Valerie Pemberton
Meeting Day/Hour: 1st Thursday, 10:00 AM; Clubhouse: 1606 Missouri Avenue, Oceanside

POWAY WOMAN'S CLUB (small club)

Organized 1960 Federated 1960 Members: 10 Club President: Joye Davisson
Meeting Day/Hour: 2nd Tuesday, 10:00 AM; Location: Porter House Great Room, Old Poway Park

VALLEY CENTER WOMEN'S CLUB (small club)

Organized 1987 Federated 1988 Members: 3 Club President: Bobbie Weiss
Meeting Day/Hour: Varies; Location: Check with club president

THE WOMAN'S CLUB OF VISTA GFWC (medium club)

Organized 1916 Federated 1925 Members: 34 Club co-Presidents: Judy Pantazo & Sonja Hults
Meeting Day/Hour: 2nd Wednesday, 10:00 AM; Location: Shadowridge Golf Club, Vista