



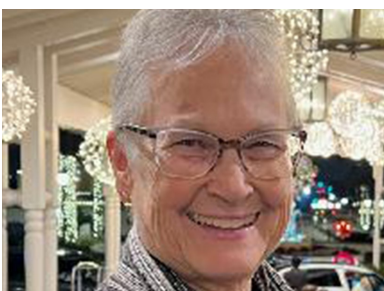
Palomar District Federation, CFWC

MAY 2026

ROSALIA ZAMORA
EDITOR

The Telescope

Members of the California Federation of Women's Clubs and
the General Federation of Women's Clubs



Sherry Lutes

*Sharing, Caring, Giving,
Laughing, Working*

PRESIDENT'S MESSAGE

Serving as President of the Palomar District Federation, CFWC has been both an honor and a deeply rewarding journey marked by collaboration, service, and creativity. Throughout this term, the District has reflected a vibrant commitment to community impact, with clubs coming together to support meaningful projects that truly make a difference. From hands-on service to thoughtful outreach, the collective efforts of our members have strengthened not only our communities but also our bonds with one another.

A highlight of the year has been the continued support of impactful service initiatives. The Magic Yarn Project brought comfort and joy to children facing medical challenges, while Wreaths Across America honored our nation's veterans with dignity and remembrance. Creative projects such as making dog toys and assembling children's bags for shelters for victims of domestic violence demonstrated the caring spirit that defines our District. Each project, no matter the size, contributed to a larger story of compassion in action.

One especially meaningful endeavor has been the Star Project, where members crafted flag stars for veterans. This initiative beautifully captured the theme of service woven with patriotism, symbolizing gratitude and respect for those who have served. It also provided an opportunity for members to connect personally with the mission, turning simple materials into powerful tokens of appreciation.

This presidency has also been defined by a spirit of unity and shared purpose. Working alongside dedicated club leaders and members, there has been a strong emphasis on collaboration, communication, and encouraging participation across all clubs. Whether through District meetings, special events, or creative programs, the focus has remained on fostering connection and inspiring involvement.



As this chapter continues, the Palomar District stands as a testament to what can be achieved when women come together with passion and purpose. The accomplishments of this term are not just measured in projects completed, but in the lives touched and the legacy of service carried forward. It has been a privilege to serve, and the momentum built this year promises an even brighter future for the District.

Special Convention Edition

"American Tapestry: Woven by Women"



1st VP, Dean of Chairmen / Incoming President—
Sonja Hults

GFWC PALOMAR DISTRICT
PLANNING MEETING
JUNE 12 AND JUNE 13 - 10AM TO 2 PM
FALLBROOK WOMAN'S CLUB

FRIDAY 10 AM - LUNCH PROVIDED

2026-2028 Executive Committee

- Planning: Job Descriptions
- Budget: Needs Approval
- Calendar: Bring ideas
- Yearbook: Taking Photos

SATURDAY 10 AM TO NOON - LUNCH NO HOST

2026 - 2028 Club Presidents

- Club Calendars
- Programs/Meeting Assignments
- Club Responsibilities
- Group Decision Making

RSVP: SONJA HULTS

cfwcsonjahults@gmail.com

One leader from each club needs to attend so that you can make sure your club is represented.



A Farewell and Thank You from Jan Imonti 2nd Vice President-Membership

As my term as 2nd Vice President of Membership comes to a close, I would like to express my sincere gratitude to the Palomar District Executive Board, club officers, and members for your unwavering help and support throughout this past year. Stepping in mid-term to fill this important role was a meaningful responsibility, and I hope the assistance and resources I provided made your work a little easier along the way.

After 27 dedicated years supporting Palomar District, I am looking forward to a new chapter — one where I can turn my focus back to my clubs and cherish the connections I have built over the decades.

Please join me in congratulating Leslee Mosley as incoming 2nd Vice President of Membership. I have every confidence that she is the perfect person for this role, and I know she will serve the District with excellence.

PALOMAR DISTRICT FEDERATION, CFWC MEMBER TOTALS FOR 2025-2026

Club	Members				Total Members			
	12-May	31-Jul	20-Oct	4-Dec				% increase
Bonsall	71	3	2	1	77		Bonsall	8.45%
Fallbrook	61	1			62		Fallbrook	1.64%
Inland Valley	9	1			10		Inland Valley	1.21%
Julian	35				35		Julian	0
Poway	12				12		Poway	0
Vista	57	6	4	2	69		Vista	21.10%
Valley Center	3				3		Valley Center	0
Carlsbad	125	9		20	154		Carlsbad	23.20%
Oceanside	24				24		Oceanside	0
		20	6	23				
Totals	397	417	423	446	446			55.60%

Prepared by Jan Imonti
4/28/2026

"A leader takes people where they want to go. A great leader takes people where they don't necessarily want to go, but ought to be."





Communications and Public Relations — Rosalia Zamora, Chairman and District Newsletter Editor

Another year has come and gone, and with it came the efforts of many dedicated members across Palomar District. I want to take a moment to say, **“Thank you!”**

I would like to extend a very special thank you to our **Communications & Public Relations Committee**: Rose Teding, Jan Imonti, Kae Gernandt, Patty Merriam, and Bev York as well as to Sherry Lutes and Sonja Hults, who served as advisors to the committee. These remarkable women worked behind the scenes to make sure our voice was heard, our story was told, and our community stayed connected. Good communication doesn't happen by accident. It takes skill, dedication, and a genuine care for the people you're reaching.

To our District Officers and Chairmen — Your leadership, vision, and dedication set the tone for everything we did this year. Guiding the District through a challenging year was no small task, and your commitment made a difference.



To our Executive Board Members — You were the backbone of this organization. Behind every successful program, every well-run event, and every initiative that moved us forward, there you were quietly (and sometimes not so quietly!) making things happen. Your commitment to our District and to each other was something truly special, and I am grateful for each one of you.

And to our Members — You are this organization. None of this works without your energy, your enthusiasm, and your willingness to get involved. Whether you've been with us for decades or just found your way to us recently, you each bring something unique to our District. Thank you for showing up, for caring, and for making every gathering feel like time well spent.

I feel fortunate and honored to be part of Palomar District for 31 years. Every officer, every board member, every committee volunteer, every delegate, every alternate, and every member who shows up and participates: You are the reason Palomar District remains standing and moving forward. Here's to celebrating what we accomplished together! We couldn't have done any of it without you.

With a Voice of Gratitude, Rosalía “Rosie” Zamora
District President 2002-2004: “Hope Offers Peace and Energy - Attitude is Everything”
District President 2018-2020: “Sing, Dance, Be Happy, and Watch Us Grow”

PALOMAR DISTRICT FEDERATION, CFWC
68th ANNUAL CONVENTION
MINUTES OF APRIL 28, 2026

The convention was called to order at 10:00 AM by President Sherry Lutes. The theme was "American Tapestry: Woven By Women." She welcomed everyone and introduced those seated at the head table and the District Past Presidents. A quorum was present.

The Pledge of Allegiance was led by Rosalia Zamora. She also presented a patriotic moment about "Votes for Women." Edie Seger led the attendees in singing "God Bless America."

The Inspirational Moment was given by Myrna Binford.

Parliamentarian Judy Pantazo presented the Convention Rules.

It was moved by Nancy B Jones and seconded to adopt the Convention Rules as presented. Motion carried.

Rosalia Zamora presented the Preliminary Credentials Report. A total of 61 members and guests were in attendance, with all ten district clubs being represented.

The minutes of the April 22, 2025 convention were adopted as approved by committee. The committee members were Nancy B Jones, Edie Seger, and Rose Teding.

President Sherry Lutes appointed a committee to review the minutes of this convention: Mari Erickson, Liz Franciscus, and Leslee Mosley.

Treasurer Carole May reported no change in the treasurer's report since the March 14, 2026 Board of Directors meeting.

Financial Review Officer Carol Boyer reported that the bank reconciliation found the check register in balance with the bank statements as of February 26, 2026.

RESIGNATIONS: President Sherry Lutes reported the resignations of Leslee Mosley, Rose Teding, Linda Tucker, and Bev York, all of whom had been elected to office at the January 27, 2026 meeting.

It was moved by Rebekah Brannan and seconded that the resignations of Leslee Mosley, Rose Teding, Linda Tucker, and Bev York be accepted. Motion carried.

ELECTIONS

It was moved by Ruth Harris and seconded that Rebekah Brannan, Terri Brannan, and Tiffany Brannan be elected as Co-Third Vice Presidents and that Leslee Mosley be elected as Second Vice President. Motion carried.

Past CFWC President Pam Ament shared the story of her life as a United States Air Force nurse.

Following the guest speaker, attendees participated in President Sherry's special project, "Stars for Our Troops." Embroidered stars cut from American flags and a poem were placed in plastic bags. Members were encouraged to take them home and to distribute to veterans, active service personnel and first responders.

Second Vice President/Membership Jan Imonti recognized first timers, held a pin drawing for those wearing a Federation pin, and those who were wearing a stick-on CFWC seal. She also presented Volunteer of the Year and Rookie of the Year Awards. Membership narrative awards were also presented.

Joye Davisson presented the Celebration of Life with a poem titled "Afterglow," author unknown. Certificates in memory of deceased members were given to clubs who had lost members since the 2025 convention.

The meeting was recessed and members returned at Noon for the blessing given by Myrna Binford and lunch was served.

The convention was reconvened at 1:00 PM and the attendees were entertained by the Pacific Belles choral group.

Current club presidents introduced themselves and their club's incoming president.

There were no nominees for the CFWC Bylaws Committee or the Resolutions Committee.

1st Vice President/Dean of Chairmen Sonja Hults presented the narrative award certificates for the 2025 reporting year.

Rosalia Zamora reported the Final Credentials Report of 61 members and guests attending.

President Sherry Lutes presented her year in review using the convention theme throughout.

Pam Ament was the installing officer for the 2026-2028 administration. Installed were:

President: Sonja Hults
1st Vice President/Dean of Chairmen: vacant
2nd Vice President/Membership: Leslee Mosley
Co 3rd Vice Presidents: Rebekah Brannan, Terri Brannan, and Tiffany Brannan
4th Vice President/Fundraising: Pam Hermansader
Recording Secretary: vacant
Treasurer: Carole May
Assistant Treasurer: Rosalia Zamora
Parliamentarian: Judy Pantazo
President's Advisor: Edie Seger

Incoming President Sonja Hults spoke of her goals for the administration.

President Sherry presented Sonja with the Palomar District President's Pin.

Opportunity prizes were awarded, and Sherry Lutes announced that \$384 was collected for Penny Pines.

Donna DiMambro led the recitation of "A Collect for Clubwomen," and Edie Seger led the assembly in singing "Let There Be Peace on Earth."

Parliamentarian Judy Pantazo presented a Resolution of Appreciation to the Shadowridge Golf Club.

The convention was adjourned at 3:03 PM.

Joye Davisson
Recording Secretary

Note: The Minutes were reviewed and approved by the committee:

Mari Erickson
Liz Franciscus
Leslee Mosley



Volunteer and Rookie of the Year District Awards

<u>Club</u>	<u>Volunteer of the year</u>	<u>Rookie of the year</u>
Bonsall	Gina Ellis	Lynn Hulbert
Carlsbad	Kae Gernandt	Monica Janowicz
Fallbrook	Cindy Clarke	Jenifer Arseneault
Inland Valley	Rosalia Zamora	
Julian	Melana Brandt	Sue Brekenfeld
Stars	Joye Davisson	
Valley Center	Bobbie Weiss	Andrea Vasquez
Vista	Sara Veth	Judy Stevens



Advocates For Children:

Small- Poway (1st) Valley Center (2nd)
Medium- Oceanside (1st) Julian (2nd)
Intermediate- Vista (1st)
Large- Bonsall (1st)

Arts and Culture:

Small- Poway (1st)
Medium- Julian (1st) Oceanside (2nd)
Intermediate- Fallbrook (1st) Vista (2nd)
Large- Carlsbad (1st) Bonsall (2nd)

Civic Engagement and Outreach:

Small- Poway (1st) Inland Valley (2nd)
Medium- Julian (1st) Oceanside (2nd)
Intermediate- Fallbrook (1st) Vista (2nd)
Large- Carlsbad (1st) Bonsall (2nd)

Communications and Public Relations:

Small- no entries
Medium- Oceanside (1st)
Intermediate- no entries
Large- Bonsall (1st) Carlsbad (2nd)

District Newsletter Contest:

Vista (1st) Bonsall (2nd) Carlsbad (3rd)

Domestic & Sexual Violence Awareness & Prevention:

Small- Inland Valley (1st) Poway (2nd)
Medium- no entries
Intermediate- Vista (1st) Fallbrook (2nd)
Large- Carlsbad (1st)



Education and Libraries:

Small- Valley Center (1st) Poway (2nd)
Medium- Julian (1st) Oceanside (2nd)
Intermediate- Vista (1st) Fallbrook (2nd)
Large- Carlsbad (1st) Bonsall (2nd)

Environment:

Small- Poway (1st)
Medium- Oceanside (1st)
Intermediate- Vista (1st)
Large- Bonsall (1st)

Fundraising:

Small- Poway (1st)
Medium- Oceanside (1st)
Intermediate- Fallbrook (1st) Vista (2nd)
Large- Bonsall (1st) Carlsbad (2nd)

Health and Wellness:

Small- Valley Center (1st) Poway (2nd) Inland Valley (3rd)
Medium- no entries
Intermediate- Vista (1st) Fallbrook (2nd)
Large- Carlsbad (1st) Bonsall (2nd)

Leadership:

Small- Inland Valley (1st)
Medium- Oceanside (1st)
Intermediate- Fallbrook (1st) Vista (2nd)
Large- Bonsall (1st) Carlsbad (2nd)



Membership:

Small- Poway (1st) Inland Valley (2nd)
 Medium- Julian (1st) Oceanside (2nd)
 Intermediate- Vista (1st) Fallbrook (2nd)
 Large- Carlsbad (1st) Bonsall (2nd)

Women's History Resource Center:

Small- no entries
 Medium- Oceanside (1st)
 Intermediate- Vista (1st)
 Large- Carlsbad (1st) Bonsall (2nd)

PUBLIC RELATIONS

GFWC would love to hear about your club's work, written in your own words. Click below to send a paragraph or two about how you are Living the Volunteer Spirit! **Volunteers in Action** stories are typically posted within one month of submission if selected. Please include your club name and State Federation. <https://memberportal.gfwc.org/news>

Would you like to share all the good news of your club activities or projects? Please send in your article and photos to be published in the **GFWC California Clubwoman**! Click here to find out more: <https://www.cfwc.org/publications/california-clubwoman/>



GFWC's weekly e-newsletter keeps clubwomen and friends up-to-date on all the latest GFWC programs, projects, and issues. To receive **News and Notes**, sign up through the Member Portal.

Contact GFWC@GFWC.org for questions.



QuickBytes is CFWC's weekly e-newsletter, published regularly on Mondays. All members are encouraged to sign up to receive *QuickBytes* directly via e-mail. cfwc.org/publications/quickbytes/#signup

CFWC (State) AWARDS

Julian Woman's Club Wildflower Show

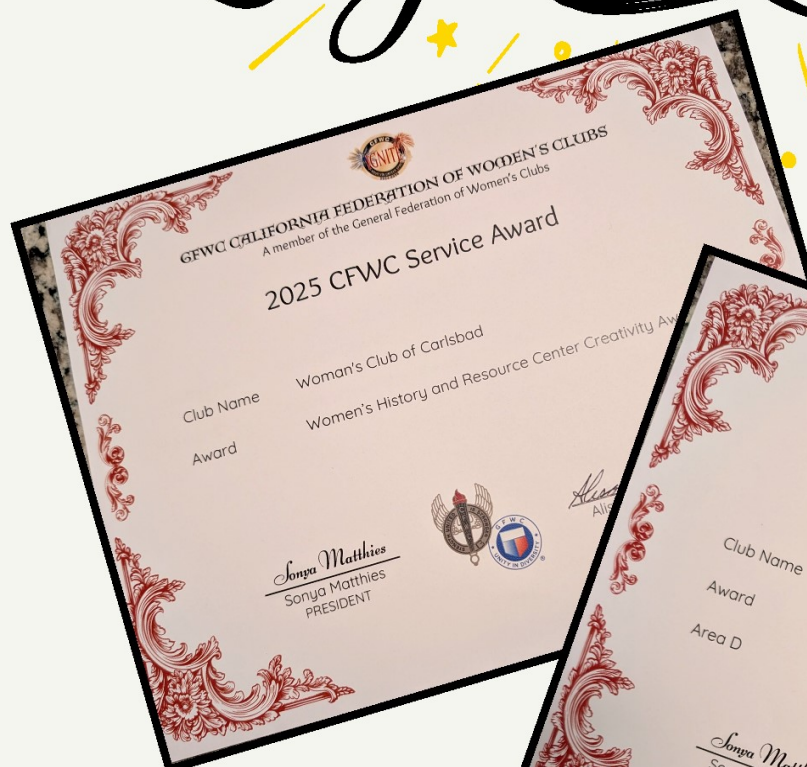


Woman's Club of Vista Bubbles and Books!

*You made the top 10 List of 2025 Projects
Deemed Impactful by CFWC
and are going on to GFWC*

CFWC (State) AWARDS

Congratulations!



Woman's Club of Carlsbad -
Women's History and Resource
Center Creativity Award



Woman's Club of Fallbrook -
Membership Creativity Award
Large Club



Palomar District -
District Newsletter Award

CFWC (State) AWARDS

Congratulations!



Woman's Club of Vista -
Club Website Award
Intermediate Club



Woman's Club of Carlsbad -
Club Website Award
Large Club



Woman's Club of Carlsbad -
Communications and Public Relations
Large Club

CONGRATULATIONS



Cindy Sanders, CFWC 1st Vice-President; Chris Herzog, CFWC President; Mickie Reed, 2nd Vice President.



For a list of all CFWC state awards:

<https://www.cfwc.org/wp-content/uploads/2026-CFWC-Convention-Awards-Booklet.pdf>

You were missed at the 2026 CFWC Convention



Sherry Lutes, Palomar District President, Sonja Hults, Palomar District 1st VP, Linda Lovett, Fallbrook Woman's Club, Cindy Clark, Fallbrook in 2026 Club President, Roxann Clouse, Fallbrook Woman's Club, Nancy Jones, Vista Woman's Club. Edie Seger, Julian Woman's Club



Blacksmith Boys was the entertainment on Friday night.
Joined by ?????? on fiddle



Convention members formed an "Elvira Line" dancing all around the room!

Volunteers Needed: **ALABASTER** Content Team — JAR PROJECT —

Our goal for 2026 is to increase our community education and awareness initiatives on human trafficking. We hope this can grow our Alabaster Jar Project network and expand our work. We're also looking to scale Restore, our social enterprise of bodycare products, that are made by survivors so they can earn income.

We're looking for...

Creatives

- **Videographers and photographers**
- **Illustrators/animators/graphic designers**
- **Content creators for events**
 - Appear at events/fundraisers to take photos/videos
- **Video Spokesperson or Actors**
 - Must be comfortable with being on camera, and be able to speak confidently and clearly
- **Product Creatives**
 - Marketing our Restore Products

Researchers and Storytellers

- **Human trafficking researcher**
- **Current events and trends researcher**

All experience levels welcome!

If interested, please email
toni@alabasterjarproject.org



ESO

Epsilon Sigma Omicron
Upsilon Chapter

May 31, 2026



Today, May 31st, the very last day as ESO Chairman, what a wonderful experience! I want each of you to know how much I have enjoyed this journey. I have met so many wonderful members of Federation that I would not have met working in other chairmanships. Thank you for your communications either by e-mail, phone, notes, or introducing yourself at CFWC Conferences. It was great. I think the book exchange table was a great way to get acquainted and thank you to the member who suggested the idea! Thanks also to those who donated books. Just keep up the good work and keep reading and REPORTING.

Your new ESO Chairman is Shirley Lorraine. Her e-mail is slgumby@msn. I know you will enjoy her! Send your ESO Level Reports to her and all your questions also.



As I pack my bags and jump on the plane Thursday for my summer cabin in Minnesota I am wishing you all a wonderful restful summer. Hopefully I will see some of you at the GFWC Convention in Arizona.

Yours in Federation,

Reggie

ESO Breakfast

Thank you to all who attended the breakfast. I just received a Thank You note from Lynne Spreen. She said, "What a warm, welcoming group of women! It was one of the most enjoyable speeches I ever had. I will always remember that day." I think this says a lot about you all.

Thanks to all of you that helped me prepare for the event. I also, felt that it was very successful!

THANK YOU



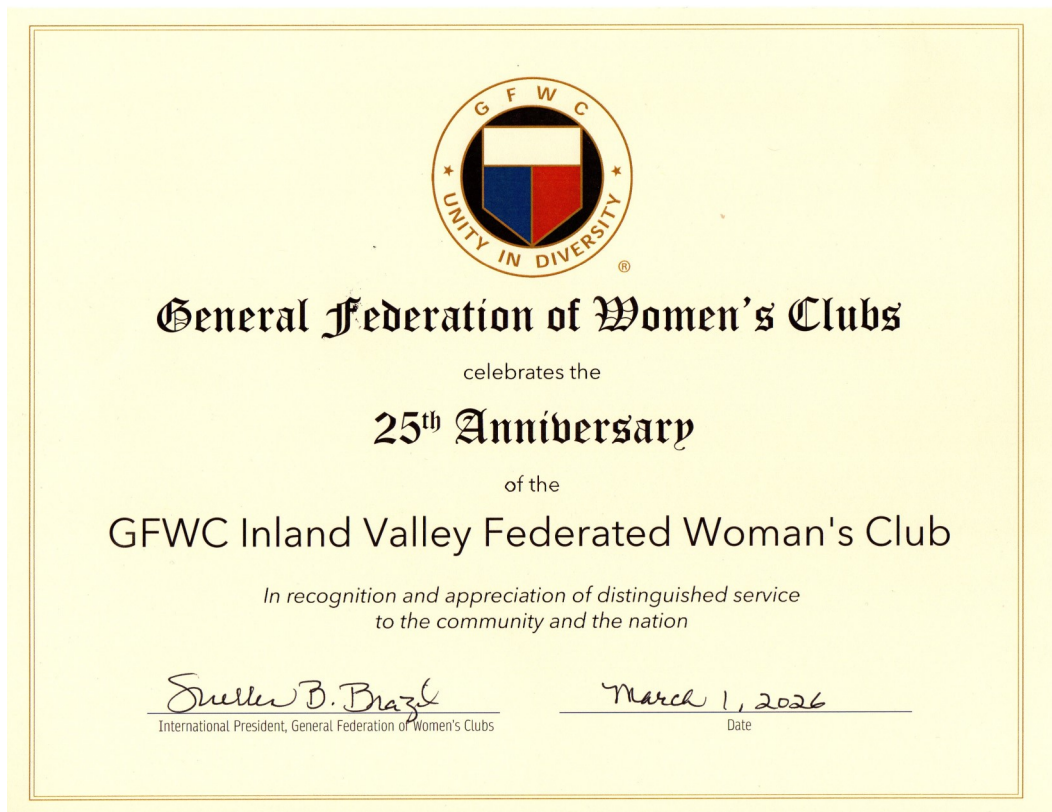
Reggie Mattox
CFWC ESO
Chairman



GFWC Inland Valley Federated Woman's Club



Getting ready for President Sherry's District Convention special project, 2nd Vice President-Membership Alicia Del Toro and Club Delegate Keiko Grant cut stars at the March club meeting in support of Stars for Our Troops, a nonprofit organization honoring our military.





Woman's Club of Carlsbad

YASUKOCHI FARMS



A WCC FUNDRAISER



REGULAR BOX - \$30

JUMBO BOX - \$40

MONTHLY PICKUP
AT WCC MEETING (SEPT-JUNE)
SECOND WEDNESDAY (JULY & AUGUST)

