



Palomar District Federation, CFWC

The Telescope

JANUARY 2024

ROSALIA ZAMORA
EDITOR

Members of the California Federation of Women's Clubs and
the General Federation of Women's Clubs



Notes from President Nancy B ...

Happy New Year 2024 to our Palomar
Sisters in Federation!

The year 2023 for our Palomar clubs and District was amazing and fun and now we can wrap it up with your wonderful narratives. I look forward to reading them all and smiling at your successes. Be sure to write up how your club handled Leadership and Membership - those advancement areas are the basis for maintaining and building your club! How did you recruit and orient new members? Did you encourage new members to step into your committees and events? Write up what you accomplished to let everyone know how your energy helps your community.

Highlights for 2023 for your Palomar District President include sharing CFWC Board with Liz Franciscus for LEADS, our fun Palomar Convention, the CFWC Convention and awards, insightful visits with our gracious clubs in the Fall, and being part of the CFWC Board Fashion Show in September. Thank you for your amazing support of Affiliates for Children: March of Dimes in January, Shot@Life in April, and UNICEF in September. Be sure to report those donations by your members on your Affiliates Report Form!

So ... we look forward to our next Board of Directors meeting at Woman's Club of Carlsbad on January 23 starting at 10 a.m. Please encourage your members to attend to learn more about how Palomar District Federation fits into our General and California Federations. It's fun to meet new friends and great to catch up with long-time friends - we all work together to make a difference!

We will hold our election for new Palomar District officers for 2024-2026 at this meeting. Thank you to the nominated members who have said "Yes!" to serving in the next administration. Nominations from the floor will be accepted, with consent from the nominee and



*Growing and Grinning
with GFWC!*

Board of Directors Meeting

All members are welcome!

Tuesday

January 23, 2024

10:00 AM

**Woman's Club of Carlsbad
3320 Monroe St., Carlsbad**

**Please make reservations
through your club.**

Lunch: \$15

**Checks payable to
"Woman's Club of Carlsbad"**

**Morning goodies -
Fallbrook, Inland Valley,
Valley Center**

**Opportunity Drawings -
Bonsall, Carlsbad, Julian, Vista**

Continued on page 2

a letter of endorsement submitted to the Nominating Committee Chairman. Thank you to our Nominating Committee members: Chairman Rosalia Zamora, Debbie Bainbridge, Joye Davisson, Carol Boyer, Vicky Okelly, and Mary Jo Pfaff!

Be sure to share Operation Smile at your January meetings and collect donations. Bring those donations to the January 23 meeting when we will learn more about this GFWC Affiliate helping children around the world. Thank you for supporting my President's Project - Affiliates for Children!

Enjoy this newsletter so carefully crafted by our editor, Rosalia Zamora! Be sure to contact me if you have questions. We will see you on January 23rd to celebrate our fantastic year!

From your grateful President,

Nancy B



*Growing and Grinning
with GFWC!*

"Tell me and I forget. Teach me and I remember. Involve me and I learn."
— Benjamin Franklin

Proposed Slate of District Officers for 2024-2026 Presented by the Nominating Committee

President..... Sherry Lutes (Julian)
1st Vice President-Dean of Chairmen..... Sonja Hults (Vista)
2nd Vice President-Membership..... Bev York (Bonsall)
3rd Vice President-Programs & Itineraries... Vicky Okelly and Pam Hermansader (Fallbrook)
4th Vice President-Fundraising..... Liz Franciscus and Donna DiMambro (Vista)
Recording Secretary Joye Davisson (Poway)
Treasurer Carole May (Oceanside)
Assistant Treasurer..... Rosalia Zamora (Inland Valley)





AGENDA

CFWC Palomar District Board of Directors Meeting
January 23, 2024 Tuesday
10 am @ Woman's Club of Carlsbad hosting



CALL TO ORDER

Nancy B Jones, Palomar District President

RENEWAL of PLEDGE of ALLEGIANCE

Carole May, Treasurer

INSPIRATION

Joye Davisson, 3rd VP-Programs

PATRIOTIC MOMENT

Judy Pantazo, Parliamentarian

MINUTES September 26, 2023

Rosalia Zamora, Recording Secretary

Members to read today's minutes (within 2 weeks): _____

QUORUM 17 per Bylaws

INSPIRATION

Joye Davisson, Programs and Inspiration Chair

Recite the COLLECT

Pam Hermansader, 4th VP-Fundraising

PRESIDENT'S Welcome and Messages

Nancy B Jones, President

1. **Thank you:** WC Carlsbad for hosting and providing lunch; Rosalia for taking reservations; Fallbrook, Inland Valley, and Valley Center for morning goodies; Bonsall, Carlsbad, Julian and Vista for raffle baskets
2. **President's Visits** to Palomar clubs in the Fall - thank you for hosting my visits!
3. **CFWC Winter Board** - Milpitas February 23-24 - Sherry Lutes LEADS, Nancy B Jones President, Bev York Dean
4. **LEADS** Sherry Lutes application has been submitted - she will attend February 24-25 CFWC Board
5. **CFWC Convention** May 16-18, 2024 at Holiday Inn San Jose/Silicon Valley

TREASURER'S Report

Carole May, Treasurer

1. **Finance Report:** Ratify payment of bills
2. **Financial Review** through December 31, 2023 **POSITION OPEN**
3. **CFWC Yearbooks** not printed - refund payment to Carolyn Doc Hensel

OFFICER REPORTS

1st VP - DEAN of CHAIRMEN

Bev York, Dean

1. **Narratives, Statistics, and Affiliate Data Forms** due today to Dean Bev York
2. **Judging Coordinators** will receive narratives by January 31, return to Dean Bev by February 28
3. **DropBox** February 3, 2024

2nd VP - MEMBERSHIP

Sherry Lutes, Membership Chair

1. 12/31/2023 **membership numbers**
2. **First-timers** at a District meeting
3. **Pin drawing**

3rd VP - PROGRAMS

Joye Davisson, Programs Chair

"Affiliates for Children" Today: GFWC Affiliate **Operation Smile** - Program, donations

4th VP - FUNDRAISING

Pam Hermansader, Fundraising

1. **Bakeless Bake Sale** \$913, **See's** \$22.50
2. **Raffle baskets** - tickets on sale
3. **Crafts Table** today - fundraiser for the District
4. **Convention** 4-23-24 **Vendor Tables** available \$25, and District fundraiser table

CORRESPONDING SECRETARY
Newsletter Deadline Telescope May

Rosalia Zamora, Corresponding Secretary
Rosalia Zamora, Editor

PARLIAMENTARIAN
Bylaws Committee

Judy Pantazo, Parliamentarian

COMMITTEES:

Nominating Committee - present the slate
Thanks to the Committee!

Rosalia Zamora

Election of Palomar District Officers for 2024-2026

Nominations from the floor must give consent and have endorsement.
Thanks to the Committee!

Convention Committee
Hawaiian Theme and **Save the Date** 4-23-24

Rosalia Zamora

Program Area Chairs: recap narratives

DOMESTIC VIOLENCE

Bev York

EDUCATION & LIBRARIES

Diane Trappen

ENVIRONMENT

Leslee Tipping

HEALTH & WELLNESS

Alisha Sirois

COMMUNICATIONS & PUBLIC RELATIONS/

SOCIAL MEDIA

Sonja Hults

WHRC

Carolyn Doc Hensel

DISTRICT WEBSITE

GFWC Palomar District Resource for General Federation of Women's Clubs

<https://gfwcpalomardistrict.org>

Includes dates, deadlines, club assignments, Telescope newsletters, forms, flyers for all clubs' reference
Linda Bridges (Past President of Palomar) updates, gets info/flyers from our wonderful Telescope newsletter

FEDERATION NEWS - CFWC

Nancy B Jones

NEW BUSINESS

CLUB SHARING and ANNOUNCEMENTS

1. Club flyers to Rosalia
2. Club Events and Fundraisers

OPERATION SMILE Program and Project

Joye Davisson, Programs

Thank you for sharing your table's information! Thank you for donations!

Adjourn Let's GROW and GRIN!

Raffle

Pam Hermansader, Fundraising

Lunch and Social



1st VP, Dean of Chairmen and Domestic Violence Awareness & Prevention Chairman— Bev York

We're almost out of "Narrative Season"! Just a few more weeks, and a few reminders, if your club hasn't yet turned in all narratives to your Dean:

1. All club narratives are due to the District Dean no later than January 23, 2024. That is a "drop dead" deadline. I still have a lot of work to do to complete the District reports once you forward your narratives and statistical reports to me, before I submit everything to CFWC on February 3. Deadlines lately seem to fly in on supersonic wings, so keep an eye on your calendar! (That advice applies to me, too!)
2. Please be sure your club's cash and in-kind donations are attributed to the categories for which they were donated, not entered somewhere as one lump sum. Those categories are listed on your statistical form: Domestic Violence, Advocates for Children, Arts & Culture, Civic Engagement, Education & Libraries, Environment, Health & Wellness, Communications & PR, Leadership, Legislation & Public Policy, Membership, Fundraising, Women's History & Resource Center, and ESO.
3. Please be sure all narratives are entered on a Club Award Entry form, not a District Award Entry form. If they come to me on the wrong form, I likely won't have time to retype them on the right form, so they'll be returned to you to correct and risk missing the deadline. By the way, a "Club Award Entry" form and a "Club Award Entry Cover Sheet" are exactly the same form.



Next month we'll discuss something other than narratives, I promise.

DOMESTIC AND SEXUAL VIOLENCE AWARENESS & PREVENTION

January has been designated as Human Trafficking Month, to spotlight this hideous and growing crime and the efforts being made to combat it, particularly in San Diego County. So, Palomar's contributions to the Alabaster Jar Project on December 12 were timely, well received, and very much appreciated. Rosalia and Eduardo Zamora and Jan Imonti joined me at the AJP Resource Center to unload my car trunkful of large and giant-size tote bags filled with a wide variety of useful items -- from cosmetics to gently used purses and tote bags, from woolen scarves and caps to jewelry, from emergency blankets to personal and feminine hygiene products, from gently used clothing (many in sizes L and XL and suitable for the workplace and job interviews) to calendars and notepads. Thank you, thank you! AJP has had many notable successes, especially this past year, in helping survivors of human and sexual trafficking turn their lives around and become useful citizens. I'll document some of those milestones in the next edition of *The Telescope*.

Trafficking is a major problem in San Diego County, and AJP needs our support, now more than ever. These women have the same daily needs we all have, so whatever you use everyday and take for granted, they need and use, too. If you wish to help AJP, please bring your donations to any of the in-person District meetings (and Convention), and I'll be delighted to receive them on behalf of Alabaster Jar Project. If you don't have items to donate, they can always use those handy little gift cards! And please, put your name or your club's name somewhere in the donation so AJP and I will know who to thank. With your help, Palomar District continues to make a difference in the lives of these courageous women.

Continued on page 6



We are so grateful for your support as we empower survivors of trafficking. This year, the women we have served are not only healing and growing but thriving.

2023 has been a successful year for those at Grace House and the survivor community served by the Resource Center. At Grace House, we celebrated two healthy transitions out of Grace House and into their next phase of independent life. We also celebrated the baptism of one Grace House Resident, a very meaningful step on her path to holistic healing. Two new survivors have entered Grace House last month. Keep them in your prayers as they begin this important journey. Through the Resource Center, we celebrated two survivors who successfully transferred out of community college into four-year universities! We also celebrated a baby shower and successful delivery of a survivor's baby boy. Soon, we will be celebrating a bridal shower for one survivor Graduate of Grace House, so stay tuned for the details.

This year our staff has assisted over 234 survivors with an average of 14 survivors attending our weekly Support Group. Survivors tell us that coming in to our Resource Center and attending groups provides them hope. They express that they feel loved, valued and safe. It is your support that sends them these important messages.

We cannot thank you enough for your support. It is a HUGE encouragement & blessing. Currently, we are averaging around 20 inquiries for housing per month, sometimes more. With all five beds in Grace House currently being occupied, we are busy with finding alternative housing options and providing referral services and case management. Our staff is busy and the needs continue. We could not serve survivors without your ongoing support, prayers and encouragement.

Your continued involvement is critical to our continued success and impacting this issue in our community.

In gratitude,
Susan and
the Alabaster Jar Project
Team





2nd VP Membership - Sherry Lutes

HAPPY NEW YEAR!

It's how many days into the new year and how many resolutions are you still keeping? We won't go there for me!!! It's easier not to make any; then, you can't be disappointed. My mind is like a browser: 30 tabs open, 5 are frozen, and I have no idea where the music is coming from!!! Congratulations to the clubs that increased their numbers. Keep up the good work clubs let's see who wins club size increase for their club size. Please hold all new and renewal member dues and information until they are called for (for the April District Convention).

*Do you have any
50 or 75 Year Members
in your club?*

Let's recognize them at the April District Convention. Send me their name, club, and how many years they have been an integral part of your club. Also include a brief bio. We'll light up their name in lights!

Sherrylutes.palomardistrict@gmail.com

The correct club size numbers are:

- Bonsall 51
- Carlsbad 84
- CWONC 38
- Fallbrook 65
- Inland Valley 9
- Julian 39
- Oceanside 20
- Poway 11
- Valley Center 3
- Vista 24

Is your club **25, 50, 60, 70** or more (in 5 year increments) years in the Federation?

Let me know and we will celebrate your anniversary!

Sherrylutes.palomardistrict@gmail.com



3rd VP Programs & Itineraries and Inspiration— Joye Davisson

Our January program is another of President Nancy's Advocates for Children project, **Operation Smile**.

Remember that when you smile, others smile back. Across the globe there are many children who cannot smile. Please support Operation Smile at your club and at the District Board of Directors meeting on January 23rd. Just a reminder ~ As you plan your programs, events, and speakers, remember that your CFWC and District officers and chairmen are available. Request itinerary for CFWC chairs and officers at joyead@cox.net.

Continued on page 8

Continued from page 7

Inspiration:

NEW YEAR'S RESOLUTIONS

Just think think think,
Of things you can do,
To make yourself better,
Before the year's through.

Resolutions can be tough,
Or simple as can be,
Making resolutions,
Are great for you and me!

So what will you promise,
To help yourself my dear
Through 2024
Have a happy new year!

Irma Khan



Some may try and tell us that this is the end of an era. But what they overlook is that in America, every day is a new beginning, and every sunset is merely the latest milestone on a voyage that never ends. For this is the land that has never become, but is always in the act of becoming.

President Ronald Reagan ~ January 13, 1993

GFWC: Have you signed up for the **Legislative Action Center (LAC)** yet? The LAC platform has been changed to "VOTER VOICE." Please go to <https://www.votervoicenet.com/GFWC/home> and enter your contact information. Signup now to get the latest legislative information from GFWC.



GFWC's weekly e-newsletter keeps clubwomen and friends up-to-date on all the latest GFWC programs, projects, and issues. To receive **News & Notes**, sign up through the Member Portal.

Contact GFWC@GFWC.org for questions.

QuickBytes is CFWC's weekly e-newsletter, published regularly on Mondays. All members are encouraged to sign up to receive **QuickBytes** directly via e-mail. [.cfwc.org/publications/quickbytes/#signup](https://www.cfwc.org/publications/quickbytes/#signup)



4th VP Fundraising— Pam Hermansader



All Palomar District Club Members are invited to attend the Palomar Woman’s Club District Board Meeting on January 23, 2024, 10:00 AM, at the Woman’s Club of Carlsbad Clubhouse, 3320 Monroe Street, Carlsbad. Lunch will be served for only \$15.00 each.

This is an opportunity for all club members to learn more about our District and how we all work together to support the GFWC. Our program will be about our GFWC Affiliate, “Operation Smile.”

In order for you to plan ahead, the District will also hold a District Fundraiser at the meeting. We would like all of you creative and talented members to donate a few of your “Creations” to sell at the District for this Fundraiser. A sample of some of the items you can donate could be home-baked goods, home-canned goods, handmade jewelry, kitchen items, pet items, greeting cards, and the list goes on.

To plan ahead a **little more into the future**, we would also like you creative and talented members to think about donating a few of your items to the District to sell at the District Convention on April 23, 2024. We are also looking for Vendors for the Convention. Spaces with a 6' table and two chairs (and adequate space around them) are only \$25 each! If you would like to donate your creations, would like a vendor table, or have any questions, please call Pam Hermansader at (760) 451-9234 or e-mail to av8rpam@gmail.com.

Thank you!

Aloha!

Wave Goodbye to Your Heels, Wear Your Sandals—It’s a Hawaiian Party!
PALOMAR DISTRICT’S 66th ANNUAL CONVENTION
 Tuesday, April 23, 2024
 California Center for the Arts, Escondido
 340 N. Escondido Blvd., Escondido

SAVE THE DATE!



District Art Show

April 23

Escondido Center for the Arts

Painting, Crafts, Needlework, Sewing, Writing,
Photography, etc..

Non Judging More info to follow

But Wait, There's More...

By the GFWC Bylaws Committee

Your GFWC Bylaws Committee has covered the essential articles of bylaws for clubs as suggested by our Parliamentary Authority: *Robert's Rules of Order Newly Revised, 12th edition* in News & Notes. However, clubs may have additional items to address in their bylaws. There may be scholarships, clubhouses, or businesses of the club (resale shops, clinics, libraries, event venues, etc.) with boards of trustees that must be addressed. Other topics may include convention delegates, finances, and a discrimination clause. While no one wants a club to cease to exist, an article concerning what becomes of the assets and documents of the club should be addressed. Even if your club is not a cyber club, there may be digital assets, social media, or online meeting platforms to address in the bylaws. Remember, administrative details should not be in the bylaws but in standing rules or procedure manuals.



To further assist, your GFWC Bylaws Committee has worked over the summer to update "Writing Bylaws," found in the Digital Library under "B" and "Sample Bylaws," found in Section 4 of the Leadership Toolkit under "L." In addition, "Sample Bylaws for Cyber Clubs" have been developed and are in Section 4 of the Leadership Toolkit. A review of these documents may be helpful in the development or update of club bylaws. While the sample bylaws for clubs and cyber clubs may seem too detailed for your club's needs, they are meant to be guides and "food for thought." Each club will need unique bylaws without conflicting with federal, state,

Are you getting the *GFWC News & Notes*? This weekly (Thursday) newsletter helps us keep up with Federation, clubs, and sisters across the country! To receive the GFWC newsletter, you will need to sign up through the Member Portal. <https://gfwc.users.membersuite.com/auth/portal-login>. Contact GFWC@GFWC.org for questions and to learn how to use the Member Portal. Staff will walk you through the sign-up and sign-in process.

Rebrand of the GFWC Emblem: It's new and it's beautiful! Use it proudly in your newsletters, emails, letterhead, and Facebook posts. Various formats are available. There is EPS available for large-format printing for your banners and posters. (EPS is "encapsulated PostScript," which is a widely used file format for graphics and photos.) Download the new emblem (Ctrl+click):

<https://gfwc.users.membersuite.com/documents/details/18e315f0-013f-c34e-5ff2-0b3faa6e3ecd/browse>

If you have any questions about which format is best for your project, please contact Candice Gill, Design and Publications Manager, at CGill@GFWC.org.



GFWC

est. 1890

**GENERAL FEDERATION
OF WOMEN'S CLUBS**



GFWC Women's History Resource Center— Carolyné "Doc" Hensel, Chairman

Did you know that the chairman of this women's history project is also considered to be your Cub Historian? At least, that's the case at our California Federation of Women's Clubs! Check out this page on the CFWC website! <https://www.cfwc.org/womens-history/>

There are biographies that highlight notable women in California and CFWC history. CFWC appreciates and thanks California clubwoman Deborah Bushnell for compiling these informative biographies. To name a few:

Sarah Knox-Goodrich (1876) Led a Suffrage Brigade in a 4th of July Parade

Sarah Ingersoll Cooper, Helped establish kindergarten in San Francisco schools; GFWC treasurer 1894

Phoebe Apperson Hearst (1897) Helped Establish the National PTA; mother of William Randolph Hearst

June Robertson McCarroll (1917) Painted the first White Stripe on a California Highway

Laura Perrott Mahan (1923) CFWC Convention in Her Hometown Led to Saving California's Redwoods

"As WHRC chairman (a position sometimes referred to as "historian"), my goal is to encourage CFWC clubs and districts to maintain their important and unique history. These records, photographs and other documents will provide insight to future club members about issues that were important during past decades and will be helpful to others researching Women's History." ~Priscilla Bolinder, CFWC Chairman

Share the Good News with Club Members!

If any of your current or new members wish to sign up for District news, please forward this link to sign up: <https://gfwcpalomardistrict.us18.list-manage.com/subscribe?u=0cc0b202fdf6d86e5399f7f3e&id=176d4856a7> or send an e-mail to rosalia1947@att.net to sign up! To open links in this newsletter, hold Ctrl+click.

NOTE: Always check your spam and trash folders!

LETTERS TO THE EDITOR:

Dear Members,

Comments are always welcome and, with your permission, they will be shared with the membership in this newsletter. One member wrote: "I know every month the Chairmen take the time to research their particular area whole heartedly that we need to take the time to read every one of their reports, whether we think it will apply to us or not..."

Rosalia



Environment—Leslee Tipping, Chairman

ENVIRONMENTAL IDEAS FOR OUR LOCAL CHAPTERS FROM VARIOUS CLUBS ACROSS THE U.S.



MASON BEE REVOLUTION

GFWC Hartwell Woman's Club (GA) watched a PBS show called Growing a Greener World (<https://www.growingagreenerworld.com/>), which included a segment on the “mason bee revolution.” (<https://www.growingagreenerworld.com/mason-bee-revolution/>) According to the segment, mason bees are 30 to 60 times more effective at pollinating than honeybees – one female mason bee is similar to having 100 honeybees – and they are non-aggressive and safe for children to observe. They ordered mason bees, built a stand, and set up their hut in the “Sun Perennial Garden” in the Hart County Botanical Garden.

Continued on page 13



Education and Libraries—Diane Trappen, Chairman

Our local Fallbrook Library opened in 1913 as the first library in San Diego County. The Fallbrook Library is one of San Diego County Library's 33 full-service branches. All San Diego County Library cardholders enjoy free access to more than 33 million books, movies, and music materials, and can request materials through other partnership libraries from across the San Diego metropolitan area and West Coast.

Fallbrook Library hosts a wide array of free programs and events throughout the year, including weekly storytimes for children, monthly adult art classes, teen internships, exercise classes, and music concerts. Fallbrook Library currently partners with Feeding San Diego to provide free food distribution to the community every 1st and 3rd Tuesdays of the month. To promote technological literacy and equity, San Diego County Library branches offer free Mobile WiFi Hotspots available for checkout with a SDCL library card, courtesy of grant funding from the Emergency Connectivity Fund. Visit <https://www.sdcl.org/locations/15/> or follow on Instagram and Facebook at @fallbrooklibrary for more information on upcoming events and service.

ESO: Please see the newsletter on page 15 from the CFWC Chairman, Reggie Mattox.



REPURPOSING PLASTIC BAGS

GFWC Hastings Women's Club (MI) made sleeping mats from plastic bags. They collected plastic bags, cut them into strips known as plaryn, and crocheted them into multi-purpose mats, that were donated to various homeless shelters and county outreach programs. These plaryn mats can be used as sleeping mats for people without access to shelter. As sleeping mats, they're more hygienic, waterproof, easily transportable, and provide protection from the cold concrete. They're a welcome comfort to those living rough, while also keeping more plastic out of landfill and our marine systems!

The website for 1 Million Woman has two fantastic video tutorials on how to make these mats. <https://www.1millionwomen.com.au/blog/diy-crochet-plastic-bags-sleeping-mats-homeless/>

What a wonderful group project for our clubs.



COLLECTING CORKS

GFWC Greensboro Woman's Club (NC) held a program to recycle corks through the Cork Club (<https://www.corkclub.com/>). ***"The CorkClub is a sustainability initiative funded by WidgetCo, Inc to help Forest and Ocean Conservation. WidgetCo is a leader in wine cork recycling and upcycling since 2007. With CorkClub, our goal is to grow wine cork recycling and make donations to causes that protect our oceans and forests. We donate to non-profit entities that clean plastic from our oceans, prevent deforestation, and teach us all better ways to live in harmony with our environment."*** This organization donates up to two cents for each natural wine cork received toward forest and ocean conservation. Shipments are a minimum of 500 corks and the club collected corks from area restaurants, bars, and local families to ship 33,864 corks or 338 pounds of cork.

The official sports drink
when I was a kid..





Communications and Public Relations— Sonja Hults, Chairman

- ⇒ Do you edit a newsletter?
- ⇒ Do you create PR splashes for your local newspaper?
- ⇒ Do you take the photography for events?
- ⇒ Do you write posts for social media?

Come and join us! We will all learn together.
Bring one tip. One tool. We will go from there.



Editor's Note: Sonja is also the CFWC Communications Committee Chairman.

COMMUNICATIONS ZOOM ROUNDTABLE

Let's share tips and tricks with each other it will make our jobs easier!

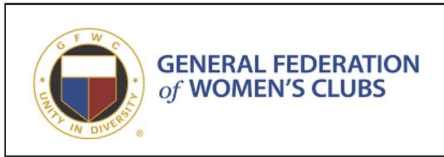
JOIN US!

4th Monday of the month on Zoom. Email cfwccommunications@gmail.com for the codes.

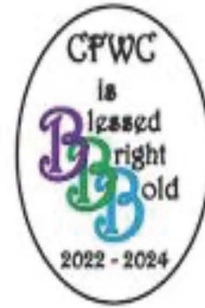


Web Manager—Linda Bridges

The 2023-2024 District Yearbook is posted on our website: qfwcpalomardistrict.org.

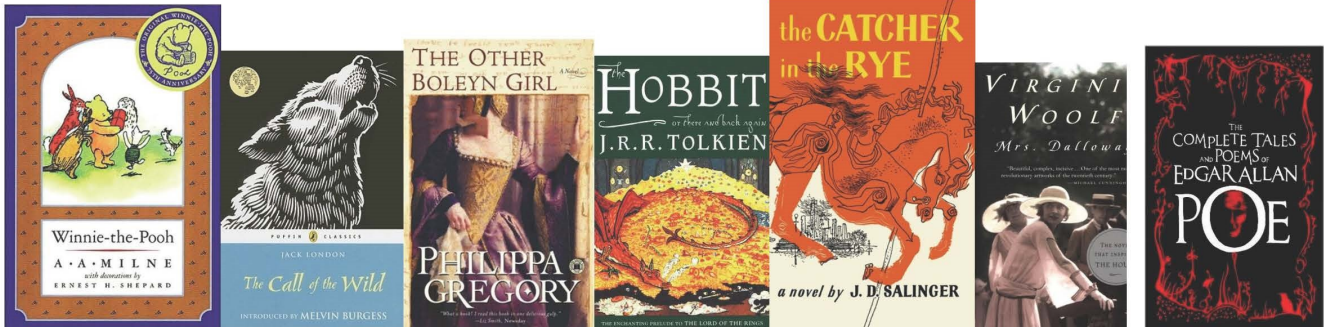


ESO



Epsilon Sigma Omicron
Upsilon Chapter

January 2024



All of these Authors have Birthdays in January! How many do you recognize?

JANUARY BIRTHDAYS?
 January 1 J. D. Salinger
 January 3 –J. R. R. Tolkien
 January 9 – Philippa Gregory
 January 12 – Jack London
 January 18 – A. Milne
 January 19 – Edgar Allan Poe
 January 25 – Virginia Woolf

SPECIAL DAYS IN JANUARY—
 January 2—National Science Fiction Day
 January 9—National Poetry at Workday (take a poem with you to share)
 January 16—Book Publisher’s Day
 January 18—National Thesaurus Day
 January 27—Family Literacy Day
 Be creative and have a little fun celebrating these days.



As we bid 2023 goodbye and ring in 2024, I want to wish each of you a very good, healthy, and happy New Year. Eleanor Roosevelt said, “You must do the thing you think you cannot do.” Is that write the report for the next Level for ESO? I know you all read many books, but I am not receiving the simple reports to see the progression up the ladder. Let’s not make a Resolution because we don’t want to break them—that’s bad, but I sure would like one report from each of you! I loved this saying from Michael Altschuler, “The bad news is time flies. The good news is you’re the pilot”. Let’s all fly that plane to higher levels on the ESO ladder!

GFWC ESO Book Club on Facebook
 This is a private group, and you must ask to join, but it is fun and informative. Go on Facebook and search GFWC ESO Book Club.

Report Writing—
 Last year one of the ESO judges wrote this note: “Please tell applicants to explain everything clearly because judges are non-club members and don’t know abbreviations.” I think we should all take this seriously as we write our reports.



Reggie Mattox
 CFWC ESO
 Chairman



POWAY WOMAN’S CLUB hosted the Palomar District Board of Directors Meeting on September 26th



(L-R) LEADS graduate Liz Franciscus, Recording Secretary Rosalia Zamora, President Nancy B Jones, and Parliamentarian Judy Pantazo.



First Timers receiving their gifts from 2nd Vice President-Membership Sherry Lutes.



Convention Chairman Rosalia Zamora (center) thanks the 2023 Convention Committee:
(L-R) Nancy B Jones, Jan Imonti, Pam Hermansader, Sherry Lutes, Judy Pantazo, Poway President Joye Davissan, and (not pictured) Bev York.



Carol Boyer receiving a CFWC award (Health & Wellness) for Woman’s Club of Oceanside from President Nancy B.



(L-R) Diane Campbell, Carol Galley, and President Nancy B receiving CFWC awards (Environment and Advocates for Children) for Palomar District.

Photos courtesy of Mary Jane Poulter



JULIAN WOMAN'S CLUB hosted Cookies & Cocoa with Santa

The Julian Woman's Club hosted their 2nd Annual Cookies & Cocoa with Santa on December 9th. Our community enjoyed this free event with Santa and goodies, live music, face painting and reindeer games!



(L-R) President Carol Galley, Santa Claus, and Nancy Younce.



(L-R) Junior Miss Julian and Miss Julian



Stars of Palomar Woman's Club



All current and past club presidents are invited! Dues are \$15 a year.

Stars will meet on **Tuesday, FEBRUARY 21, at 11AM** @ location TBA

Order from the menu; each pays own meal.

For Membership Information or to **RSVP**: Myrna Binford (760) 728-6393.

Stars meets on the 3rd Tuesday of Oct, Dec, Feb, and May. Location varies.

The Woman's Club of Vista Holiday Party



Beautifully decorated



*A delicious cookie exchange
Our new tradition*

*Members contributed 24
toys for Toy for Tots*



THE WOMAN'S CLUB OF VISTA JANUARY BOOK CLUB

This month we are reading Kristin Hannah's award winning novel "The Four Winds"

Book Clubs are a great opportunity to meet new people and to discuss interesting and thought provoking books.

Come join us! All book lovers are welcome!



January 17th, 6pm
El Toro Mexican Restaurant,
825 Williamston St., Vista

rsvp: womansclubofvistagfvc@gmail.com





FALLBROOK WOMAN'S CLUB honors Female Veterans



The Fallbrook Woman's Club paid tribute to military Veterans at their November general meeting. Members of the club presented an entertaining and informative skit representing Veteran women and women who supported the war effort.

Roxann Clouse became Rosie the Riveter while sharing stories of the many real Rosie the Riveters. They came from many walks of life and performed endless tasks previously performed by their husbands, brothers, fathers, and boyfriends.

Wearing a typical factory worker's coveralls and the very recognizable red and

white polka dot bandana, she shared true stories of working in the factories from Corsair in Long Island, the Willow Run tank factory in Detroit, to the Pioneer Parachute company in Massachusetts to the shipyards in San Diego and the Air station in Alameda.

Pam Hermansader, a pilot herself and member of the Museum of the Women Airforce Service Pilots, known as the WASPs. Pam is wearing the typical uniform of men's mechanic coveralls, extra-large, that were issued to the WASP when the program first began in 1943. Eventually they received a uniform more suitable for women. Pam portrayed Bee Falk Haydu, who was one of the first women to fly military aircraft.

Bee Haydu spent her time testing the aircraft that had been repaired and rebuilt before being put back into military action. She also ferried aircraft to other bases. She and other WASP pulled banners behind their airplanes for soldiers to shoot at during target practice. Over 25,000 women applied to be a WASP, 1804 were accepted, and 1072 completed flight training. The WASP flew over 60,000 million miles during the war. They flew every aircraft in the military inventory from Boeing Stearman's to B-29's (the airplane that dropped the Atomic Bombs on Japan). They did not fly overseas nor in combat but flew very dangerous training missions.

Thirty-eight of these brave WASP pilots died in training and in action. The WASP received no military benefits and when one of the WASPs were killed, the other WASP had to pool their funds to fly the deceased WASP home. There was no ceremony nor flagged-draped coffin.

At the end of the war in 1944, the WASP program disbanded to allow men returning from the war to take their flying jobs. The WASP were denied military and Veteran status for many years. They went home to do what they were doing before the war. Many of these very highly qualified women pilots applied to the airlines but were only offered stewardess or mechanic jobs. Bee Haydu loved flying and she, along with her husband Joe, opened a Cessna dealership. She started a flight school to train other Veterans as well. Bee Haydu, along with others, were instrumental in obtaining Veteran status in 1977. In 1992 all the WASP's, living and deceased, were awarded the Congressional Gold Medal for their service. Bee passed away on January 30, 2021, at the age of 100.

Pauline Williams, a Navy Veteran herself, provided very informative and interesting facts of her service as well as benefits and the many challenges today's women in the military force. Not only do they have the same type of disabilities as their male counterparts, but they also deal with non-visual disabilities such as PTSD, discrimination in a male dominated environment, and peer sexual violence.

Women now, unlike in WWII, are granted the same status and benefits of the males in the military. They are involved in combat, serve aboard ships, fly all types of aircraft, and serve in every aspect of military service from Drill Instructors to Generals.

California alone has over 163,000 women Veterans. Williams encourages any woman who is a Veteran or knows of family members who are Veterans to register in the Women's Veteran Roster.

The Fallbrook Woman's Club honors Veterans each year at their November General meeting by also inviting Veteran spouses to attend the meeting. This year, the club honored eight Veteran spouses at their November meeting. They were treated to a very appropriate WWII flashback lunch of chipped beef on toast, SOS. We are honored to honor our Veterans and all those who served, fought, and died before them.

CLUB & MEETING INFORMATION

(save for future reference) Rev. December 31, 2023

STARS OF PALOMAR (Affiliate Club for past and current club and district presidents)

Organized 1958 Federated 1958 Club president: Judy Pantazo
Meeting Day/Hour: 3rd Tuesday, 11:00 AM (Oct, Dec, Feb, May); Location: Varies

BONSALL WOMAN'S CLUB (intermediate club)

Organized 1980 Federated 1980 Members: 51 Club president: Mary Jo Pfaff
Meeting Day/Hour: 1st Thursday, 10:00 AM; Meeting Location: Bonsall Community Center

CARLSBAD, WOMAN'S CLUB OF (large club)

Organized 1925 Federated 1925 Members: 84 Club co-presidents: Diane Campbell & Lisa Kaufman
Meeting Day/Hour: 2nd Wednesday, 6:30 PM; Clubhouse: 3320 Monroe St, Carlsbad 92008

FALLBROOK WOMAN'S CLUB (intermediate club)

Organized 1907 Federated 1910 Members: 65 Club president: Linda Lovett
Meeting Day/Hour: 2nd Tuesday, 9:30 AM; Clubhouse: 238 W. Mission Road, Fallbrook

GFWC CONTEMPORARY WOMEN OF NORTH COUNTY (CWONC) (medium club)

Organized 1985 Federated 1985 Members: 38 Club president: Marianne Furtado
Meeting Day/Hour: 2nd Monday, 6:30 PM; Location: Civic Center, San Marcos

GFWC INLAND VALLEY FEDERATED WOMEN'S CLUB (small club)

Organized 2000 Federated 2001 Members: 9 Club president: Jan Imonti
Meeting Day/Hour: 2nd Tuesday, 1:30 PM (Sept, Nov, Jan, Mar, June) Location: J&M's Restaurant, Escondido

JULIAN WOMAN'S CLUB (medium club)

Organized 1926 Federated 1928 Members: 39 Club president: Carol Galley
Meeting Day/Hour: 1st Wednesday, 1:00 PM; Clubhouse: 2607 C Street, Julian

OCEANSIDE, WOMAN'S CLUB OF (small club)

Organized 1918 Federated 1920 Members: 20 Club president: Rosemary Teding
Meeting Day/Hour: 1st Thursday, 10:00 AM; Clubhouse: 1606 Missouri Avenue, Oceanside

POWAY WOMAN'S CLUB (small club)

Organized 1960 Federated 1960 Members: 11 Club president: Joye Davisson
Meeting Day/Hour: 2nd Tuesday, 10:00 AM (Jan, Feb, Apr, May, Oct, Nov)
and 6:30 PM (Mar, June, Sept, Dec); Location: Porter House Great Room, Old Poway Park

VALLEY CENTER WOMEN'S CLUB (small club)

Organized 1987 Federated 1988 Members: 3 Club president: Bobbie Weiss
Meeting Day/Hour: Varies; Location: Check with club president

WOMAN'S CLUB OF VISTA GFWC (medium club)

Organized 1916 Federated 1925 Members: 24 Club co-presidents: Judy Pantazo & Sonja Hults
Meeting Day/Hour: 2nd Wednesday, 10:00 AM; Location: Shadowridge Golf Club, Vista